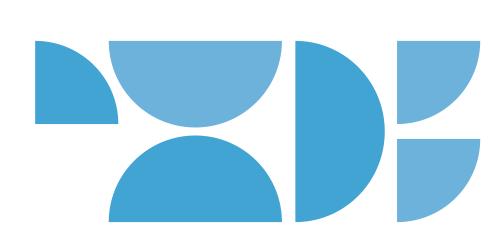


# Behavioral Health Services

An essential coding, billing and reimbursement resource for psychiatrists, psychologists, and clinical social workers



2025

optumcoding.com

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### **Getting Started with Coding and Payment Guide**

The Coding and Payment Guide for Behavioral Health Services is designed to be a guide to the specialty procedures classified in the CPT® book. It is structured to help coders understand procedures and translate physician narrative into correct CPT codes by combining many clinical resources into one, easy-to-use source book.

The book also allows coders to validate the intended code selection by providing an easy-to-understand explanation of the procedure and associated conditions or indications for performing the various procedures. As a result, data quality and reimbursement will be improved by providing code-specific clinical information and helpful tips regarding the coding of procedures.

#### **CPT/HCPCS Codes**

For ease of use, evaluation and mangement codes related to behavioral health are listed first in the *Coding and Payment Guide*. All other CPT and HCPCS Level II codes related to behavioral health are listed in ascending numeric order. Each CPT/HCPCS code is followed by its official code description.

#### **Resequencing of CPT Codes**

The American Medical Association (AMA) employs a resequenced numbering methodology. According to the AMA, there are instances where a new code is needed within an existing grouping of codes, but an unused code number is not available to keep the range sequential. In the instance where the existing codes were not changed nor had only minimal changes, the AMA has assigned a code out of numeric sequence with the other related codes being grouped together. The resequenced codes and their descriptions have been placed with their related codes, out of numeric sequence. Codes within the Optum Coding and Payment Guide series display in their resequenced order.

Resequenced codes are enclosed in brackets [] for easy identification.

#### ICD-10-CM

The most current ICD-10-CM codes are provided, each listed with their full official description. Refer to the ICD-10-CM book for more ICD-10-CM coding information.

#### **Detailed Code Information**

One or more columns are dedicated to each procedure or service to a series of similar procedures/services. Following the specific HCPCS Level II and CPT code and its narrative, is a combination of features.

#### **Appendix Codes and Descriptions**

Some procedure codes are presented in a less comprehensive format in the appendix. The CPT and HCPCS Level II codes appropriate to the specialty are included in the appendix with the official code description and associated relative value units, with the exception of the Category II and III CPT Codes. Because no values have been established by CMS for the Category II and Category III codes, no relative value unit and Medicare edits can be identified.

## CCI Edits, RVUs, and Other Coding Updates

The Coding and Payment Guide includes the a list of codes from the official Centers for Medicare and Medicaid Services' National Correct Coding Policy Manual for Part B Medicare Contractors that are considered to be an integral part of the comprehensive code or mutually exclusive of it and should not be reported separately. The codes in the Correct Coding Initiative (CCI) section are from version 29.3, the most current version available at press time. CCI edits are updated quarterly and will be posted on the product updates page listed below. The website address is http://www.optumcoding.com/ProductUpdates/. The 2025 edition password is: XXXXXXX. Log in frequently to ensure you receive the most current updates.

#### Index

A comprehensive index is provided for easy access to the codes. The index entries have several axes. A code can be looked up by its procedural name or by the diagnoses commonly associated with it. Codes are also indexed anatomically. For example:

#### Brain

Cortex

Magnetic Stimulation, 90867-90869 Mapping, 90867, 96020

#### **General Guidelines**

#### **Providers**

The AMA advises coders that while a particular service or procedure may be assigned to a specific section, the service or procedure itself is not limited to use only by that specialty group. Additionally, the procedures and services listed throughout the book are for use by any qualified physician or other qualified health care professional or entity (e.g., hospitals, laboratories, or home health agencies). Keep in mind that there may be other policies or guidance that can affect who may report a specific service.

#### **Supplies**

Some payers may allow physicians to separately report drugs and other supplies when reporting the place of service as office or other nonfacility setting. Drugs and supplies are to be reported by the facility only when performed in a facility setting.

#### **Professional and Technical Components**

Some pathology codes have a technical and a professional component. When physicians do not own their own equipment and send their patients to outside testing facilities, they should append modifier 26 to the procedural code to indicate they performed only the professional component.

#### Sample Page and Key

The following pages provide a sample page from the book displaying the format of *Coding Guide* with each element identified and explained.



+ ★90785 Interactive complexity (List separately in addition to the code for primary procedure)

#### **Explanation**



This code is reported in addition to the code for a primary psychiatric service. It is reported when the patient being treated has certain factors that increase the complexity of treatment rendered. These factors are limited to the following: the need to manage disruptive communication that complicates the delivery of treatment; complications involving the implementation of a treatment plan due to caregiver behavioral or emotional interference; evidence of a sentinel event with subsequent disclosure to a third party and discussion and/or reporting to the patient(s); or use of play equipment or translator to enable communication when a barrier exists.

#### **Coding Tips**



H1011

Report this code with psychiatric evaluation services (90791–90792), psychotherapy services (90832-90834, 90836-90838), and group psychotherapy (90853). Do not report this code with psychotherapy for crisis (90839–90840), psychological and neuropsychological testing (96130–96134, 96136–96139, 96146), or adaptive behavior assessment/treatment services (97151–97158, 0362T, 0373T). Do not report this code with E/M services provided without psychotherapy.

#### **Documentation Tips**



Documentation should clearly indicate the type of interactive methods used such as interpreter, use of play, or physical device used, and that the patient could not communicate through normal verbal means. Other catatonic states may be covered if documentation is submitted with the claim. Coverage also includes interactive examinations of patients with primary psychiatric diagnoses (excluding dementias and sleep disorders), and one of the following conditions: developmental speech or language disorders, conductive hearing loss (total), mixed conductive and sensorineural hearing loss (total), deaf mutism, aphasia, voice disturbance, aphonia, and other speech disturbance such as dysarthria or dysphasia. The conditions must be clearly and concisely recorded in the medical record.

Time spent by the clinician providing interactive complexity services should be reflected in the timed service code for the psychotherapy or the psychotherapy add-on code provided in combination with an E/M service and must be connected only to the psychotherapy service.

#### Reimbursement Tips



Medicare and the CPT book has identified this code as a telehealth/telemedicine service that may also be an audio-only service. Medicare and commercial payers should be contacted regarding their coverage guidelines. Telemedicine services may be reported by the performing provider by adding modifier 93 or 95 to this procedure code and/or using the appropriate place-of-service indicator; POS 02 for telehealth when the originating site is not the patient's home and POS 10 for telehealth services when the originating site is the patient's home. Services at the origination site are reported with HCPCS Level II code Q3014.

According to instructions found in the Correct Coding Initiative, "Interactive services (diagnostic or therapeutic) are distinct services for patients who have lost, or have not yet developed either the expressive language communication skills to explain his/her symptoms and response to treatment..." Interactive complexity to psychiatric services is reported with add-on CPT code 90785.

Assignment of benefits is required when this service is provided by a clinical social worker.

Medicare payment is at 75 percent of the physician fee schedule when the service is provided by a clinical social worker.

#### **ICD-10-CM Diagnostic Codes**



This/these CPT code(s) are add-on code(s). See the primary procedure code that this code is performed with for your ICD-10-CM code selections.

#### **Associated HCPCS Codes**



H0001	Alcohol and/or drug assessment
ПОООТ	Alcohol alia/ol urug assessillerit
H0002	$Behavioral\ health\ screening\ to\ determine\ eligibility\ for\ admission$
	to treatment program
H0006	Alcohol and/or drug services; case management
H0007	Alcohol and/or drug services; crisis intervention (outpatient)
H0031	Mental health assessment, by nonphysician

AMA: 90785 2022, Aug; 2022, Jan; 2020, Aug; 2018, Nov; 2018, Jul; 20

Family assessment by licensed behavioral health professional

#### **Relative Value Units/Medicare Edits**

for state defined purposes



Non-Facility RVU	Work	PE	MP	Total
90785	0.33	0.1	0.01	0.44
Facility RVU	Work	PE	MP	Total
90785	0.33	0.05	0.01	0.39

	FUD	Status	MUE		Mod	ifiers		IOM Reference
90785	N/A	Α	3(3)	N/A	N/A	N/A	N/A	100-02,15,160;
								100-02,15,170;
								100-03,10.3;
								100-03,10.4;
		•						100-04,12,100;
								100-04 12 210 1

<sup>\*</sup> with documentation

#### Terms To Know



add-on code. CPT code representing a procedure performed in addition to the primary procedure and designated with a + symbol in the CPT book. Add-on codes are never reported as a stand-alone service but are reported secondarily in addition to the primary

aphasia. Partial or total loss of the ability to comprehend language or communicate through speaking, the written word, or sign language. Aphasia may result from stroke, injury, Alzheimer's disease, or other disorder. Common types of aphasia include expressive, receptive, anomic, global, and conduction.

dysarthria. Difficulty pronouncing words.

interactive psychotherapy. Use of physical aids and nonverbal communication to overcome barriers to therapeutic interaction between a clinician and a patient who has not yet developed or has lost either the expressive language communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the clinician if he or she were to use ordinary adult language for communication.

**psychotherapy.** Treatment for mental illness and behavioral disturbances in which the clinician establishes a professional contract with the patient and, through definitive therapeutic communication, attempts to alleviate the emotional disturbances, reverse or change maladaptive patterns of behavior, and encourage personality growth and development.

#### 1. CPT Codes and Descriptions

This edition of *Coding and Payment Guide for Behavioral Health Services* is updated with CPT codes for year 2024.

The following icons are used in the Coding and Payment Guide:

- This CPT code is new for 2024.
- ▲ This CPT code description is revised for 2024.
- **◆** This CPT code is an add-on code.

Add-on codes are not subject to bilateral or multiple procedure rules, reimbursement reduction, or appending modifier 50 or 51. Add-on codes describe additional intraservice work associated with the primary procedure performed by the same physician on the same date of service and are not reported as stand-alone procedures. Add-on codes for procedures performed on bilateral structures are reported by listing the add-on code twice.

★ This CPT code is identified by CPT as appropriate for audio-visual telemedicine services.

Documentation should include the type of technology used for the treatment in addition to the patient evaluation, treatment, and consents.

According to CPT guidelines, the codes listed below may be used for reporting audio-only telemedicine services when modifier 93 Synchronous Telemedicine Service Rendered Via Telephone or Other Real-Time Interactive Audio-Only Telecommunications System, is appended. These procedures involve electronic communication using interactive telecommunications equipment that at a minimum includes audio.

90785	90791	90792	90832	90833	90834	90836
90837	90838	90839	90840	90845	90846	90847
92507	92508	92521	92522	92523	92524	96040
96110	96116	96121	96156	96158	96159	96160
96161	96164	96165	96167	96168	96170	96171
97802	97803	97804	99406	99407	99408	99409
99497	99498					

 CPT codes enclosed in brackets are resequenced and may not appear in numerical order.

#### 2. Explanation

Every CPT/HCPCS code or series of similar codes is presented with its official CPT/HCPCS code description. However, sometimes these descriptions do not provide the coder with sufficient information to make a proper code selection. In *Coding and Payment Guide for Behavioral Health Services*, a step-by-step clinical description of the procedure is provided, in simple terms. Technical language that might be used by the physician or other qualified health care provider is included and defined. *Coding and Payment Guide for Behavioral Health Services* describes the most common method of performing each procedure.

#### 3. Coding Tips

Coding tips provide information on how the code should be used, provides related procedure codes, and offers help concerning common billing errors and modifier usage. This information comes from consultants and subject matter experts at Optum and from the coding guidelines provided in the CPT book.

#### 4. Documentation Tips

Documentation tips provide code-specific tips to the coder regarding the information that should be noted in the documentation in order to support code assignment.

#### 5. Reimbursement Tips

Medicare and other payer guidelines that could affect the reimbursement of this service or procedure are included in the Reimbursement Tips section.

#### 6. ICD-10-CM Diagnostic Codes

ICD-10-CM diagnostic codes listed are common diagnoses or reasons the procedure may be necessary. This list in most cases is inclusive to the specialty. Some ICD-10-CM codes are further identified with the following icons:

- Newborn: 0
- Pediatric: 0-17
- Maternity: 9-64
- Adult: 15-124
- で Male only
- Female Only
- ✓ Laterality

Please note that in some instances the ICD-10-CM codes for only one side of the body (right) have been listed with the CPT code. The associated ICD-10-CM codes for the other side and/or bilateral may also be appropriate. Codes that refer to the right or left are identified with the ☑ icon to alert the user to check for laterality. In some cases, not every possible code is listed and the ICD-10-CM book should be referenced for other valid codes.

#### 7. HCPCS Associated Codes

Medicare and some other payers require the use of HCPCS Level II codes and not CPT codes when reporting certain services. The HCPCS codes and their description are displayed in this field. If there is not a HCPCS code for this service, this field will not be displayed.

#### 8. AMA References

The AMA references for *CPT Assistant* are listed by CPT code, with the most recent reference listed first. Generally only the last six years of references are listed.

#### 9. Relative Value Units/Medicare Edits

The 2024 Medicare edits were not available at the time this book went to press. Updated 2024 values will be posted at https://www.optumcoding.com/ProductUpdates/. The 2025 edition password is **XXXXXX**.

#### **Relative Value Units**

In a resource based relative value scale (RBRVS), services are ranked based on the relative costs of the resources required to provide those services as opposed to the average fee for the service, or average prevailing Medicare charge. The Medicare RBRVS defines three distinct components affecting the value of each service or procedure:

- Physician work component, reflecting the physician's time and skill
- Practice expense (PE) component, reflecting the physician's rent, staff, supplies, equipment, and other overhead
- Malpractice insurance (MP) component, reflecting the relative risk or liability associated with the service
- Total RVUs are a sum of the work, PE, and MP RVUs

There are two groups of RVUs listed for each CPT code. The first group of RVUs is for nonfacilities, which includes provider services performed in physician offices, patients' homes, or other nonhospital settings. The second group of RVUs is for facilities, which represents provider services performed in hospitals, ambulatory surgical centers, or skilled nursing facilities.

#### Medicare Follow-Up Days (FUD)

Information on the Medicare global period is provided here. The global period is the time following a surgery during which routine care by the physician is considered postoperative and included in the surgical fee. Office visits or other routine care related to the original surgery cannot be separately reported if they occur during the global period.

### **Procedure Codes**

The Current Procedural Terminology (CPT®) coding system was developed and is updated annually by the American Medical Association (AMA). The AMA owns and maintains the CPT coding system and publishes its updates annually under copyright. CPT codes predominantly describe medical services and procedures performed by physicians and nonphysician professionals. The codes are classified as Level I of the Healthcare Common Procedure Coding System (HCPCS).

In general, whenever possible, providers should consider using CPT codes to describe their services for several reasons. Foremost, providers can evaluate patient care by reviewing coded services and procedures. Secondly, procedural coding is a language understood in the provider and payer communities. Consequently, accurate coding can also help an insurer determine coverage eligibility for services provided.

Accurate coding consists of choosing the most appropriate code available for the service provided to the patient. However, the existence of a CPT or HCPCS code does not guarantee that a third-party payer will accept the code or that the service described by the code is covered.

Investigate codes that are denied or downcoded on a claim by the third-party payer, and resubmit with the correct codes if necessary.

#### Structure of the CPT Book

The CPT book has an introduction, eight main sections, 16 appendixes, and an index.

#### Category I Codes

The sections considered Category I are:

- · Evaluation and Management
- Anesthesia
- Surgery
- Radiology
- · Pathology and Laboratory
- · Medicine

#### **Category II Codes**

Category II CPT codes are a set of codes used for supplemental tracking and performance measurements. Primarily these codes are used to report quality measures when participating in Medicare's Quality Payment Program (QPP). For more information about QPP, see the CMS website at https://qpp.cms.gov.

#### **Category III Codes**

Category III codes, which are considered temporary, have been added for reporting the use of new technologies that are not available to report in the existing Category I CPT code set.

#### **CPT Coding Conventions**

To code properly, coders must understand and follow the CPT conventions developed by the AMA.

#### **Symbols**

The following are several symbols used in the CPT book:

- A bullet (
   ) before the code means that the code is new to the CPT coding system in the current year.
- A triangle (A) before the code means that the code narrative has been revised in the current year.
- Codes with a plus (+) symbol indicate an "add-on" code. Procedures
  described by add-on codes are always performed in addition to the
  primary procedure and should never be reported alone. This concept
  applies only to procedures or services performed by the same

- physician to describe any additional intraservice work, such as a procedure on additional digits or lesions, associated with the primary procedure.
- The symbols ► 

  indicate new or revised text other than that contained in the code descriptors.
- The symbol designates a code that is exempt from the use of modifier 51. These codes have not been designated as add-on codes in the CPT book.
- The lightning bolt ( ) symbol identifies vaccines that are pending FDA approval. These codes were assigned a CPT Category I code by the AMA in anticipation of future approval. Upon revision of the approval status by the FDA, the AMA will post notification on its website at http://www.ama-assn.org/ama/pub/physician-resources/solutions-managing-your-practice/coding-billing-insurance/cpt/about-cpt/category-i-vaccine-codes.page.
- The number (#) symbol indicates that a code is out of numeric order
  or "resequenced." The AMA employs a numbering methodology of
  resequencing. According to the AMA there are instances where a new
  code is needed within an existing grouping of codes and an unused
  code number is not available. In the instance where the existing
  codes will not be changed or have minimal changes, the AMA will
  assign a code that is not in numeric sequence with the related codes.
  However, the code and description will appear in the CPT book with
  the other related codes.
- Telehealth/Telemedicine services are identified by CPT with the
  H icon at the code level. The Centers for Medicare and Medicaid
  Services (CMS) have identified additional services that may be
  performed via telehealth. Due to the COVID-19 public health
  emergency (PHE) some services have been designated as temporarily
  appropriate for telehealth. These CMS-approved services are
  identified in the coding tips where appropriate. Most payers require
  telehealth/telemedicine to be reported with place of service 02
  Telehealth Provided Other than the Patient's Home or 10 Telehealth
  Provided in Patient's Home, and modifier 95 appended. If specialized
  equipment is used at the originating site, code Q3014 may be
  reported. Individual payers should be contacted for additional or
  different guidelines regarding telehealth/telemedicine services.

Documentation should include the type of technology used for the treatment in addition to the patient evaluation, treatment, and consents.

#### Modifier

95 Synchronous Telemedicine Service Rendered Via a Real-Time Interactive Audio and Video Telecommunications System

### **Unlisted Procedures and Modifiers**

#### **Unlisted Procedures**

Not all medical services or procedures are assigned CPT codes. The code book does not contain codes for infrequently used, new, or experimental procedures. Each code section contains codes set aside specifically for reporting unlisted procedures.

Before choosing an unlisted procedure code, carefully review the CPT code list to ensure that a more specific code is not available. Also, check for a HCPCS Level II code if these codes are acceptable to the third-party payer. Unlisted codes are found at the end of the section or subsection of codes and most often end in "99." For example:

90899 Unlisted psychiatric service or procedure

### **Evaluation and Management (E/M) Services Guidelines**

#### **E/M Guidelines Overview**

The E/M guidelines have sections that are common to all E/M categories and sections that are category specific. Most of the categories and many of the subcategories of service have special guidelines or instructions unique to that category or subcategory. Where these are indicated, eq, "Hospital Inpatient and Observation Care," special instructions are presented before the listing of the specific E/M services codes. It is important to review the instructions for each category or subcategory. These guidelines are to be used by the reporting physician or other qualified health care professional to select the appropriate level of service. These guidelines do not establish documentation requirements or standards of care. The main purpose of documentation is to support care of the patient by current and future health care team(s). These quidelines are for services that require a face-to-face encounter with the patient and/or family/caregiver. (For 99211 and 99281, the face-to-face services may be performed by clinical staff.)

In the **Evaluation and Management** section (99202-99499), there are many code categories. Each category may have specific guidelines, or the codes may include specific details. These E/M guidelines are written for the following categories:

- Office or Other Outpatient Services
- Hospital Inpatient and Observation Care Services
- Consultations
- Emergency Department Services
- · Nursing Facility Services
- · Home or Residence Services
- Prolonged Service With or Without Direct Patient Contact on the Date of an Evaluation and Management Service

#### **Classification of Evaluation and Management** (E/M) Services

The E/M section is divided into broad categories, such as office visits, hospital inpatient or observation care visits, and consultations. Most of the categories are further divided into two or more subcategories of E/M services. For example, there are two subcategories of office visits (new patient and established patient) and there are two subcategories of hospital inpatient and observation care visits (initial and subsequent). The subcategories of E/M services are further classified into levels of E/M services that are identified by specific codes.

The basic format of codes with levels of E/M services based on medical decision making (MDM) or time is the same. First, a unique code number is listed. Second, the place and/or type of service is specified (eg, office or other outpatient visit). Third, the content of the service is defined. Fourth, time is specified. (A detailed discussion of time is provided in the Guidelines for Selecting Level of Service Based on Time.)

The place of service and service type are defined by the location where the face-to-face encounter with the patient and/or family/caregiver occurs. For example, service provided to a nursing facility resident brought to the office is reported with an office or other outpatient code.

#### **New and Established Patients**

Solely for the purposes of distinguishing between new and established patients, **professional services** are those face-to-face services rendered by physicians and other qualified health care professionals who may report evaluation and management services. A new patient is one who has not received any professional services from the physician or other qualified health care professional or another physician or other qualified health care professional of the exact same specialty and

subspecialty who belongs to the same group practice, within the past three years.

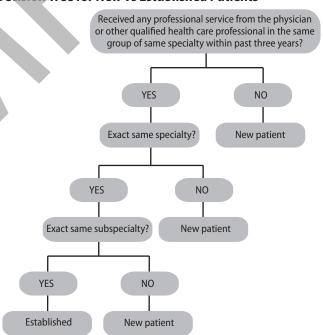
An established patient is one who has received professional services from the physician or other qualified health care professional or another physician or other qualified health care professional of the **exact** same specialty and subspecialty who belongs to the same group practice, within the past three years. See Decision Tree for New vs Established Patients.

In the instance where a physician or other qualified health care professional is on call for or covering for another physician or other qualified health care professional, the patient's encounter will be classified as it would have been by the physician or other qualified health care professional who is not available. When advanced practice nurses and physician assistants are working with physicians, they are considered as working in the **exact** same specialty **and subspecialty** as the physician.

No distinction is made between new and established patients in the emergency department. E/M services in the emergency department category may be reported for any new or established patient who presents for treatment in the emergency department.

The Decision Tree for New vs Established Patients is provided to aid in determining whether to report the E/M service provided as a new or an established patient encounter.

#### **Decision Tree for New vs Established Patients**



#### *Initial and Subsequent Services*

Some categories apply to both new and established patients (eg, hospital inpatient or observation care). These categories differentiate services by whether the service is the initial service or a subsequent service. For the purpose of distinguishing between initial or subsequent visits, professional services are those face-to-face services rendered by physicians and other qualified health care professionals who may report evaluation and management services. An initial service is when the patient has not received any professional services from the physician or other qualified health care professional or another physician or other qualified health care professional of the exact same specialty and

### 99202-99205

**★★99202** Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and straightforward medical decision making. When using total time on the date of the encounter for code selection, 15 minutes must be met or exceeded.

**★★99203** Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and low level of medical decision making. When using total time on the date of the encounter for code selection, 30 minutes must be met or exceeded.

**★★99204** Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and moderate level of medical decision making. When using total time on the date of the encounter for code selection, 45 minutes must be met or exceeded.

**▲★99205** Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and high level of medical decision making. When using total time on the date of the encounter for code selection, 60 minutes must be met exceeded.

#### **Explanation**

Providers report these codes for new patients being seen in the doctor's office. a multispecialty group clinic, or other outpatient environment. All require a medically appropriate history and/or examination. Code selection is based on the level of medical decision making (MDM) or total time personally spent by the physician and/or other qualified health care professional(s) on the date of the encounter. Factors to be considered in MDM include the number and complexity of problems addressed during the encounter, amount and complexity of data requiring review and analysis, and the risk of complications and/or morbidity or mortality associated with patient management. The most basic service is represented by 99202, which entails straightforward MDM. If time is used for code selection, a total time of 15 minutes must be met or exceeded on the day of the encounter. Report 99203 for a visit requiring a low level of MDM or meeting or exceeding 30 minutes of total time; 99204 for a visit requiring a moderate level of MDM or meeting or exceeding 45 minutes of total time; and 99205 for a visit requiring a high level of MDM or meeting or exceeding 60 minutes of total time.

#### **Coding Tips**

These codes are used to report office or other outpatient services for a new patient. A medically appropriate history and physical examination, as determined by the treating provider, should be documented. The level of history and physical examination are not considered when determining the level of service. Codes should be selected based upon the current CPT Medical Decision Making table. Alternatively, time alone may be used to select the appropriate level of service. Total time for reporting these services includes face-to-face and non-face-to-face time personally spent by the physician or other qualified health care professional on the date of the encounter. Medicare and the CPT code book have identified these codes as telehealth/telemedicine services. Telemedicine services may be reported by the performing provider by adding modifier 95 to the procedure code and/or using the appropriate place-of-service (POS) indicator; POS 02 for telehealth when the originating site is not the patient's home and POS 10 for telehealth services when the

originating site is the patient's home. For prolonged services applicable to 99205, see 99417; for Medicare, see G2212. Medicare and commercial payers should be contacted regarding their coverage guidelines. For office or other outpatient services for an established patient, see 99211–99215.

#### **ICD-10-CM Diagnostic Codes**

The application of this code is too broad to adequately present ICD-10-CM diagnostic code links here. Refer to your ICD-10-CM book.

**AMA:** 99202 2023, Nov; 2023, Oct; 2023, Sep; 2023, Aug; 2023, May; 2023, Apr; 2023, Mar; 2022, Dec; 2022, Nov; 2022, Oct; 2022, Sep; 2022, Aug; 2022, Jul; 2022, Jun; 2022, Apr; 2022, Feb; 2022, Jan; 2021, Nov; 2021, Oct; 2021, Sep; 2021, Aug; 2021, Jul; 2021, Jun; 2021, May; 2021, Apr; 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct; 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018,Oct; 2018,Sep; 2018,Apr; 2018,Mar; 2017,Aug; 2017,Jun **99203** 2023,Nov; 2023,Oct; 2023,Sep; 2023,Aug; 2023,May; 2023,Apr; 2023,Mar; 2022,Dec; 2022, Nov; 2022, Oct; 2022, Sep; 2022, Aug; 2022, Jul; 2022, Jun; 2022, Apr; 2022,Feb; 2022,Jan; 2021,Nov; 2021,Oct; 2021,Sep; 2021,Aug; 2021,Jul; 2021, Jun; 2021, May; 2021, Apr; 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct; 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018, Oct; 2018, Sep; 2018, Apr; 2018, Mar; 2017, Aug; 2017, Jun 99204 2023, Nov; 2023, Oct; 2023, Sep; 2023, Aug; 2023, May; 2023, Apr; 2023, Mar; 2022, Dec; 2022, Nov; 2022, Oct; 2022, Sep; 2022, Aug; 2022, Jul; 2022, Jun; 2022, Apr; 2022, Feb; 2022, Jan; 2021, Nov; 2021, Oct; 2021, Sep; 2021, Aug; 2021, Jul; 2021, Jun; 2021, May; 2021, Apr. 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct; 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018, Oct; 2018, Sep; 2018, Apr; 2018,Mar; 2017,Aug; 2017,Jun **99205** 2023,Nov; 2023,Oct; 2023,Sep; 2023,Aug; 2023, May; 2023, Apr; 2023, Mar; 2022, Dec; 2022, Nov; 2022, Oct; 2022, Sep; 2022, Aug; 2022, Jul; 2022, Jun; 2022, Apr; 2022, Feb; 2022, Jan; 2021, Nov; 2021,Oct; 2021,Sep; 2021,Aug; 2021,Jul; 2021,Jun; 2021,May; 2021,Apr; 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct; 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018, Oct; 2018, Sep; 2018, Apr; 2018, Mar; 2017, Aug; 2017, Jun

#### Relative Value Units/Medicare Edits

Non-Facility RVU	Work	PE	MP	Total	
99202	0.93	1.14	0.08	2.15	
99203	1.6	1.56	0.17	3.33	
99204	2.6	2.11	0.23	4.94	
99205	3.5	2.71	0.31	6.52	
Facility RVU	Work	PE	MP	Total	
99202	0.93	0.41	0.08	1.42	
99203	1.6	0.68	0.17	2.45	
99204	2.6	1.11	0.23	3.94	
99205	3.5	1.54	0.31	5.35	

	FUD	Status	MUE		Mod	ifiers		IOM Reference
99202	N/A	Α	1(2)	N/A	N/A	N/A	80*	100-04,11,40.1.3;
99203	N/A	Α	1(2)	N/A	N/A	N/A	80*	100-04,12,30.6.4;
99204	N/A	Α	1(2)	N/A	N/A	N/A	80*	100-04,12,30.6.10;
99205	N/A	Α	1(2)	N/A	N/A	N/A	80*	100-04,12,190.7;
								100-04,12,230; 100-04,12,230.1;
								100-04,12,230.1,
								100-04,32,12.1

+ ★90785 Interactive complexity (List separately in addition to the code for primary procedure)

#### **Explanation**

This code is reported in addition to the code for a primary psychiatric service. It is reported when the patient being treated has certain factors that increase the complexity of treatment rendered. These factors are limited to the following: the need to manage disruptive communication that complicates the delivery of treatment; complications involving the implementation of a treatment plan due to caregiver behavioral or emotional interference; evidence of a sentinel event with subsequent disclosure to a third party and discussion and/or reporting to the patient(s); or use of play equipment or translator to enable communication when a barrier exists.

#### **Coding Tips**

Report this code with psychiatric evaluation services (90791–90792), psychotherapy services (90832–90834, 90836–90838), and group psychotherapy (90853). Do not report this code with psychotherapy for crisis (90839–90840), psychological and neuropsychological testing (96130–96134, 96136–96139, 96146), or adaptive behavior assessment/treatment services (97151–97158, 0362T, 0373T). Do not report this code with E/M services provided without psychotherapy.

#### **Documentation Tips**

Documentation should clearly indicate the type of interactive methods used such as interpreter, use of play, or physical device used, and that the patient could not communicate through normal verbal means. Other catatonic states may be covered if documentation is submitted with the claim. Coverage also includes interactive examinations of patients with primary psychiatric diagnoses (excluding dementias and sleep disorders), and one of the following conditions: developmental speech or language disorders, conductive hearing loss (total), mixed conductive and sensorineural hearing loss (total), deaf mutism, aphasia, voice disturbance, aphonia, and other speech disturbance such as dysarthria or dysphasia. The conditions must be clearly and concisely recorded in the medical record.

Time spent by the clinician providing interactive complexity services should be reflected in the timed service code for the psychotherapy or the psychotherapy add-on code provided in combination with an E/M service and must be connected only to the psychotherapy service.

#### **Reimbursement Tips**

Medicare and the CPT book has identified this code as a telehealth/telemedicine service that may also be an audio-only service. Medicare and commercial payers should be contacted regarding their coverage guidelines. Telemedicine services may be reported by the performing provider by adding modifier 93 or 95 to this procedure code and/or using the appropriate place-of-service indicator; POS 02 for telehealth when the originating site is not the patient's home and POS 10 for telehealth services when the originating site is the patient's home. Services at the origination site are reported with HCPCS Level II code Q3014.

According to instructions found in the Correct Coding Initiative, "Interactive services (diagnostic or therapeutic) are distinct services for patients who have lost, or have not yet developed either the expressive language communication skills to explain his/her symptoms and response to treatment..." Interactive complexity to psychiatric services is reported with add-on CPT code 90785.

Assignment of benefits is required when this service is provided by a clinical social worker.

Medicare payment is at 75 percent of the physician fee schedule when the service is provided by a clinical social worker.

#### **ICD-10-CM Diagnostic Codes**

This/these CPT code(s) are add-on code(s). See the primary procedure code that this code is performed with for your ICD-10-CM code selections.

#### **Associated HCPCS Codes**

110001

	to treatment program
H0002	Behavioralhealthscreeningtodetermineeligibilityforadmission
пооот	Alcohol and/or drug assessment

H0006 Alcohol and/or drug services; case management

Alcohol and for drug accomment

H0007 Alcohol and/or drug services; crisis intervention (outpatient)

H0031 Mental health assessment, by nonphysician

H1011 Family assessment by licensed behavioral health professional for state defined purposes

AMA: 90785 2022, Aug; 2022, Jan; 2020, Aug; 2018, Nov; 2018, Jul; 2018, Apr

#### Relative Value Units/Medicare Edits

Non-Facility RVU	Work	PE	MP	Total
90785	0.33	0.1	0.01	0.44
Facility RVU	Work	PE	MP	Total
90785	0.33	0.05	0.01	0.39

	FUD	Status	MUE		Modifiers			IOM Reference
90785	N/A	Α	3(3)	N/A	N/A	N/A	N/A	100-02,15,160;
								100-02,15,170;
								100-03,10.3;
								100-03,10.4;
								100-04,12,100;
								100-04,12,210.1

<sup>\*</sup> with documentation

#### Terms To Know

**add-on code.** CPT code representing a procedure performed in addition to the primary procedure and designated with a + symbol in the CPT book. Add-on codes are never reported as a stand-alone service but are reported secondarily in addition to the primary procedure.

**aphasia.** Partial or total loss of the ability to comprehend language or communicate through speaking, the written word, or sign language. Aphasia may result from stroke, injury, Alzheimer's disease, or other disorder. Common types of aphasia include expressive, receptive, anomic, global, and conduction.

dysarthria. Difficulty pronouncing words.

**interactive psychotherapy.** Use of physical aids and nonverbal communication to overcome barriers to therapeutic interaction between a clinician and a patient who has not yet developed or has lost either the expressive language communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the clinician if he or she were to use ordinary adult language for communication.

**psychotherapy.** Treatment for mental illness and behavioral disturbances in which the clinician establishes a professional contract with the patient and, through definitive therapeutic communication, attempts to alleviate the emotional disturbances, reverse or change maladaptive patterns of behavior, and encourage personality growth and development.

### 90832-90838

★90832 Psychotherapy, 30 minutes with patient

+ ★90833 Psychotherapy, 30 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)

★90834 Psychotherapy, 45 minutes with patient

★90836 Psychotherapy, 45 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)

★90837 Psychotherapy, 60 minutes with patient

+ ★90838 Psychotherapy, 60 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)

#### **Explanation**

Psychotherapy is a variety of treatment techniques in which a physician or other qualified healthcare provider helps a patient with a mental illness or behavioral disturbance identify and alleviate any emotional disruptions, maladaptive behavioral patterns, and contributing/exacerbating factors. This treatment also involves encouraging personality growth and development through coping techniques and problem-solving skills. Report 90832 for one half hour of face-to-face time spent with the patient without an additional evaluation and management (E/M) service. Report 90833, 90836, or 90838 if a separate E/M service is performed during the same encounter as the psychotherapy.

#### **Coding Tips**

These codes represent individual psychotherapy services although times stated are for face-to-face services with the patient but may also include contact with informants. The patient must be present for all or a majority of the encounter.

The appropriate evaluation and management (E/M) service (99202–99255, 99304–99316, and 99341–99350) should be reported in addition to code 90833, 90836, or 90838. However, the time involved with performing the E/M service should not be considered when selecting the psychotherapy code. Time spent providing psychotherapy cannot be used to determine the level of E/M service when time is the determining factor.

Report codes 90832 and 90833 to describe 30 minutes of psychotherapy; 90834 or 90836 for 38 to 52 minutes; and 90837–90838 for 53 or more minutes. Individual psychotherapy and group psychotherapy may be reported on the same date of service if the two services are performed during separate time intervals. Family psychotherapy (90846, 90847) is separately reportable with psychotherapy (90832–90838) when the services are separate and distinct. Do not report these codes on the same date of service with 0820T-0822T for continuous in-person monitoring and intervention during psychedelic medication therapy.

For psychotherapy provided for an urgent assessment and history of a crisis state, including mental status examination and disposition, see 90839–90840. For family psychotherapy, see 90846–90847. For multiple family or group psychotherapy, see 90849 or 90853, respectively.

When it is necessary to provide interactive complexity, 90785 may be reported separately.

Pharmacologic management is included in psychotherapy services that are reported with E/M services or those that include medical services. However, when performed during the same encounter during which an evaluation and management service was not provided, management of the patient's

medication(s), including review and provision of prescription, is reported separately with 90863.

#### **Documentation Tips**

Since the psychotherapy codes include time as a component of the code, the total time or the start and stop times of the psychotherapy should be noted in the medical record.

Each psychotherapy note should include the description of at least one of the techniques used to treat the patient's condition. The CPT book describes the techniques specific to psychotherapy as either insight-oriented, behavior-modifying, and/or supportive techniques. Providers should also include how the patient benefited from the therapy in reaching his or her goals. For example, a note might state, "Supportive psychotherapy was utilized to help alleviate the patient's depression." The major theme of the discussion should also be recorded with consideration to the patient's privacy.

Documentation should specify whether this is a single episode or recurrent, the current degree of depression, the presence of psychotic features or symptoms, and remission status (i.e., partial, full) when applicable.

Documentation should clearly state the reasons requiring interactive complexity when separately reported.

#### **Reimbursement Tips**

Medicare and the CPT book have identified these codes as telehealth/telemedicine services that may also be audio-only services. Medicare and commercial payers should be contacted regarding their coverage guidelines. Telemedicine services may be reported by the performing provider by adding modifier 93 or 95 to these procedure codes and/or using the appropriate place-of-service indicator; POS 02 for telehealth when the originating site is not the patient's home and POS 10 for telehealth services when the originating site is the patient's home. Services at the origination site are reported with HCPCS Level II code Q3014.

Most payers do not cover psychotherapy services that are palliative or provided only to maintain functioning level.

These procedures may be performed by a physician or other qualified health care professional. Check with the specific payer to determine coverage. Site of service does not affect code assignment. Assignment of benefits is required when these services are provided by a clinical social worker. Medicare payment is at 75 percent of the physician fee schedule when these services are provided by a clinical social worker.

Amnestic disorder due to known physiological condition

#### **ICD-10-CM Diagnostic Codes**

F04

	7 minestre disorder due to known physiological condition
F05	Delirium due to known physiological condition
F06.0	Psychotic disorder with hallucinations due to known physiological condition
F06.2	Psychotic disorder with delusions due to known physiological condition
F06.31	Mood disorder due to known physiological condition with depressive features
F06.32	Mood disorder due to known physiological condition with major depressive-like episode
F06.33	$\label{thm:monocondition} \mbox{Mood disorder due to known physiological condition with manic features}$
F06.34	$\label{thm:mixed} \mbox{Mood disorder due to known physiological condition with mixed features}$
F06.4	Anxiety disorder due to known physiological condition
F06.8	Other specified mental disorders due to known physiological condition

★90863 Pharmacologic management, including prescription and review of medication, when performed with psychotherapy services (List separately in addition to the code for primary procedure)

#### **Explanation**

The patient's medications are managed during a psychiatric service, including the patient's current use of medicines, a medical review of the benefits and treatment progression, management of side effects, and review or change of prescription. This is a pharmacologically related service and is reported in addition to noncrisis-related psychotherapy when there is no other evaluation and management service performed during the encounter.

#### **Coding Tips**

This procedure may be performed by a physician or other qualified health care professional.

The appropriate psychotherapy code without evaluation and management (E/M) service (90832, 90834, or 90837) should be reported in addition to 90863. Do not report with an evaluation and management code as the service is included as part of the E/M code. When determining the appropriate psychotherapy code to be reported with this procedure, any time spent providing the medication management should be excluded. For example, if the patient is seen for 45 minutes, and 15 minutes is spent performing medication management, 90832 Psychotherapy, 30 minutes with patient and/or family, and 90863 are reported.

For pharmacologic management with psychotherapy services performed by a physician or other qualified health care professional who may report E/M services, report 99202-99255, 99281-99385, 99304-99310, or 99341-99350 with 90833, 90836, or 90838.

#### **Documentation Tips**

The written plan for care should include treatments and medications—specifying frequency and dosage, any referrals and consultations, patient and family education, and specific instructions for follow-up.

#### **Reimbursement Tips**

The CPT code book has identified this code as a telehealth/telemedicine service. Telemedicine services may be reported by the performing provider by adding modifier 95 to the procedure code and using the appropriate place-of-service (POS) indicator. Services at the origination site are reported with HCPCS Level II code Q3014.

#### **ICD-10-CM Diagnostic Codes**

This/these CPT code(s) are add-on code(s). See the primary procedure code that this code is performed with for your ICD-10-CM code selections.

#### **Associated HCPCS Codes**

H0034 Medication training and support, per 15 minutes

**AMA:** 90863 2022, Jan; 2020, Aug; 2018, Nov; 2018, Jul

#### **Relative Value Units/Medicare Edits**

Non-Facility RVU	Work	PE	MP	Total	
90863	0.48	0.23	0.04	0.75	
Facility RVU	Work	PE	MP	Total	
90863	0.48	0.19	0.04	0.71	

	FUD	Status	MUE		Mod	ifiers		IOM Reference
90863	N/A	I	1(3)	N/A	N/A	N/A	N/A	100-02,15,170;
								100-03,10.3;
								100-03,10.4

<sup>\*</sup> with documentation

#### **Terms To Know**

medication management. Monitoring and adjusting the use of medications for the treatment of a mental disorder.

medications. Drugs and biologicals that an individual is already taking, that are ordered for the individual during the course of treatment, or that are ordered for an individual after treatment has been provided.

pharmacological agent. Drug used to produce a chemical effect.

**psychotherapy.** Treatment for mental illness and behavioral disturbances in which the clinician establishes a professional contract with the patient and, through definitive therapeutic communication, attempts to alleviate the emotional disturbances, reverse or change maladaptive patterns of behavior, and encourage personality growth and development.

90901 Biofeedback training by any modality

#### **Explanation**

Biofeedback trains patients to control their autonomic or involuntary nervous system responses to regulate vital signs such as heart rate, blood pressure, temperature, and muscle tension. Monitors of various types are used to indicate body responses, which the patient learns to associate with related stimuli and also control in serial sessions. This code applies to any of several modalities of biofeedback training. Biofeedback is used for treatment of conditions including high blood pressure, incontinence, Raynaud's syndrome, and anticipatory nausea due to chemotherapy.

#### **Coding Tips**

The anatomical location, as well as the condition necessitating the treatment, should be clearly identified in the medical record. For biofeedback of perineal, anorectal, or urethral sphincter, see 90912-91913.

Do not use code 90875 or 90876; these two codes are for individual psychophysiological therapy. Treatment of incontinence by pulsed magnetic neuromodulation should be reported using 53899.

#### **Documentation Tips**

The anatomical location, as well as the condition necessitating the treatment, should be clearly identified in the medical record.

#### **Reimbursement Tips**

Medicare provides benefits for these procedures only when medically necessary for the re-education of specific muscle groups or for the treatment of pathological muscle conditions not able to be treated using conventional methods. Biofeedback is not covered for muscle tension and for psychosomatic conditions. Be sure to check coverage guidelines with each individual payer.

#### **ICD-10-CM Diagnostic Codes**

G04.1	Tropical spastic paraplegia
G81.01	Flaccid hemiplegia affecting right dominant side   ✓
G81.02	Flaccid hemiplegia affecting left dominant side   ✓
G81.03	Flaccid hemiplegia affecting right nondominant side   ▼
G81.04	Flaccid hemiplegia affecting left nondominant side
G81.11	Spastic hemiplegia affecting right dominant side    ✓
G81.12	Spastic hemiplegia affecting left dominant side   ✓
G81.13	Spastic hemiplegia affecting right nondominant side   ✓
G81.14	Spastic hemiplegia affecting left nondominant side   ✓
G82.21	Paraplegia, complete
G82.22	Paraplegia, incomplete
G82.51	Quadriplegia, C1-C4 complete
G82.52	Quadriplegia, C1-C4 incomplete
G82.53	Quadriplegia, C5-C7 complete
G82.54	Quadriplegia, C5-C7 incomplete
G83.0	Diplegia of upper limbs
G83.4	Cauda equina syndrome
K59.01	Slow transit constipation
K59.02	Outlet dysfunction constipation
K59.03	Drug induced constipation
K59.04	Chronic idiopathic constipation
K59.09	Other constipation

K59.4	Anal spasm
M62.3	Immobility syndrome (paraplegic)
M62.411	Contracture of muscle, right shoulder <b>▼</b>
M62.412	Contracture of muscle, left shoulder   ✓
M62.421	Contracture of muscle, right upper arm   ✓
M62.422	Contracture of muscle, left upper arm   ✓
M62.431	Contracture of muscle, right forearm   ✓
M62.432	Contracture of muscle, left forearm   ✓
M62.441	Contracture of muscle, right hand   ✓
M62.442	Contracture of muscle, left hand   ✓
M62.451	Contracture of muscle, right thigh   ✓
M62.452	Contracture of muscle, left thigh   ✓
M62.461	Contracture of muscle, right lower leg   ✓
M62.462	Contracture of muscle, left lower leg   Contr
M62.471	Contracture of muscle, right ankle and foot   ✓
M62.472	Contracture of muscle, left ankle and foot   ✓
M62.48	Contracture of muscle, other site
M62.49	Contracture of muscle, multiple sites
M62.511	Muscle wasting and atrophy, not elsewhere classified, right shoulder   ✓
M62.512	Muscle wasting and atrophy, not elsewhere classified, left shoulder   ✓
M62.521	Muscle wasting and atrophy, not elsewhere classified, right upper arm   ✓
M62.522	Muscle wasting and atrophy, not elsewhere classified, left upper arm   ✓
M62.531	Muscle wasting and atrophy, not elsewhere classified, right forearm   ✓
M62.532	Muscle wasting and atrophy, not elsewhere classified, left forearm   ✓
M62.541	Muscle wasting and atrophy, not elsewhere classified, right
M62.542	Muscle wasting and atrophy, not elsewhere classified, left hand   ✓
M62.551	Muscle wasting and atrophy, not elsewhere classified, right thigh ■
M62.552	Muscle wasting and atrophy, not elsewhere classified, left thigh ■
M62.561	Muscle wasting and atrophy, not elsewhere classified, right lower leg   ✓
M62.562	Muscle wasting and atrophy, not elsewhere classified, left lower leg   ✓
M62.571	Muscle wasting and atrophy, not elsewhere classified, right ankle and foot   ✓
M62.572	Muscle wasting and atrophy, not elsewhere classified, left ankle and foot $\blacksquare$
M62.58	Muscle wasting and atrophy, not elsewhere classified, other site
M62.59	Muscle wasting and atrophy, not elsewhere classified, multiple sites
M62.5A0	Muscle wasting and atrophy, not elsewhere classified, back, cervical
M62.5A1	Muscle wasting and atrophy, not elsewhere classified, back, thoracic
M62.5A2	Muscle wasting and atrophy, not elsewhere classified, back, lumbosacral

### [96127]

**96127** Brief emotional/behavioral assessment (eg, depression inventory, attention-deficit/hyperactivity disorder [ADHD] scale), with scoring and documentation, per standardized instrument

#### **Explanation**

The physician or other health care professional performs a brief assessment of the patient's emotions and behaviors associated with conditions such as depression or attention-deficit/hyperactivity disorder (ADHD) using an inventory or scale method. The screening is used to determine whether the patient requires additional workup or treatment. This code includes scoring and documentation by standardized instrument.

#### **Coding Tips**

For a mini-mental status examination, see the appropriate level of evaluation and management service. For developmental screening, see 96110.

Do not report this service with adaptive behavior assessment/treatment services (97151–97158, 0362T, and 0373T).

#### **Documentation Tips**

Documentation may include the completion of standardized tools that include scoring.

#### **Reimbursement Tips**

Medicare has identified this code as a telehealth/telemedicine service that may also be an audio-only service. Commercial payers should be contacted regarding their coverage guidelines. Telemedicine services may be reported by the performing provider by adding modifier 93 or 95 to this procedure code and/or using the appropriate place-of-service indicator; POS 02 for telehealth when the originating site is not the patient's home and POS 10 for telehealth services when the originating site is the patient's home. Services at the origination site are reported with HCPCS Level II code Q3014.

#### **ICD-10-CM Diagnostic Codes**

F33.8

	Jugitosus couce
F06.31	Mood disorder due to known physiological condition with depressive features
F06.32	Mood disorder due to known physiological condition with major depressive-like episode
F32.0	Major depressive disorder, single episode, mild
F32.1	Major depressive disorder, single episode, moderate
F32.2	Major depressive disorder, single episode, severe without psychotic features
F32.3	lem:major depressive disorder, single episode, severe with psychotic features
F32.4	Major depressive disorder, single episode, in partial remission
F32.5	Major depressive disorder, single episode, in full remission
F32.89	Other specified depressive episodes
F33.0	Major depressive disorder, recurrent, mild
F33.1	Major depressive disorder, recurrent, moderate
F33.2	Major depressive disorder, recurrent severe without psychotic features
F33.3	Major depressive disorder, recurrent, severe with psychotic symptoms
F33.41	Major depressive disorder, recurrent, in partial remission
F33.42	Major depressive disorder, recurrent, in full remission

Other recurrent depressive disorders

F90.0	Attention-deficit hyperactivity disorder, predominantly inattentive type
F90.1	Attention-deficit hyperactivity disorder, predominantly hyperactive type
F90.2	Attention-deficit hyperactivity disorder, combined type
F90.8	Attention-deficit hyperactivity disorder, other type
F98.8	Other specified behavioral and emotional disorders with onset usually occurring in childhood and adolescence
Z13.31	Encounter for screening for depression
Z13.32	Encounter for screening for maternal depression $\cQ$
Z13.39	Encounter for screening examination for other mental health and behavioral disorders
Z13.89	Encounter for screening for other disorder

**AMA: 96127** 2018, Nov; 2018, Apr; 2017, Feb

#### **Relative Value Units/Medicare Edits**

Non-Facility RVU	Work	PE	MP	Total
96127	0.0	0.13	0.01	0.14
Facility RVU	Work	PE	MP	Total
96127	0.0	0.13	0.01	0.14

	FUD	Status	MUE		Modifiers			IOM Reference
96127	N/A	Α	3(3)	N/A	N/A	N/A	80*	None

\* with documentation

#### **Terms To Know**

**assessment.** Process of reviewing a patient's health status, including collecting and studying information and data such as test values, signs, and symptoms.

attention deficit disorder. Syndrome characterized by short attention span, distractibility, and overactivity without significant disturbance of conduct or delay in specific skills.

**depression.** Disproportionate depressive state with behavior disturbance that is usually the result of a distressing experience and may include preoccupation with the psychic trauma and anxiety.

**other qualified health care professional.** Individual who is qualified by education, training, licensure/regulation, and facility privileging to perform a professional service within his or her scope of practice and independently (or as incident-to) report the professional service without requiring physician supervision. Payers may state exemptions in writing or state and local regulations may not follow this definition for performance of some services. Always refer to any relevant plan policies and federal and/or state laws to determine who may perform and report services.

**screening test.** Exam or study used by a physician to identify abnormalities, regardless of whether the patient exhibits symptoms.

CPT © 2024 American Medical Association. All Rights Reserved. ● New ▲ Revised + Add On ★ Telemedicine AMA: CPT Assist [Resequenced] ☑ Laterality © 2024 Optum360, LLC Coding and Payment Guide for Behavioral Health Services

### G0017-G0018

- **G0017** Psychotherapy for crisis furnished in an applicable site of service (any place of service at which the nonfacility rate for psychotherapy for crisis services applies, other than the office setting); first 60 minutes
- **G0018** Psychotherapy for crisis furnished in an applicable site of service (any place of service at which the nonfacility rate for psychotherapy for crisis services applies, other than the office setting); each additional 30 minutes (list separately in addition to code for primary service)

#### **Explanation**

Psychotherapy involves a variety of treatment techniques a physician or other qualified health care provider uses to help a patient with a mental illness or behavioral disturbance identify and alleviate any emotional disruptions, maladaptive behavioral patterns, and contributing/exacerbating factors. This treatment also involves encouraging personality growth and development through coping techniques and problem-solving skills. Report these codes when the psychotherapy is for a patient with a life-threatening or highly complex psychiatric crisis when the service is provided in a non-facility setting other than the office. Report G0017 for the first 60 minutes and G0018 for each additional 30 minutes.

#### **Coding Tips**

Report G0018 with G0017. These codes describe the total amount of face-to-face time spent with the patient and/or family by the clinician rendering the psychotherapy for crisis in a non-facility site of service. Time on that date of service is not required to be continuous. The full attention of the clinician must be given to the patient, and no other services may be provided to any other patient during the same time period. For psychotherapy for crisis in a facility site of service, see 90839-90840.Do not report psychiatric diagnostic evaluation services (90791–90792), psychotherapy services (90832–90838), or other psychiatric services (90785–90899) with psychotherapy for crisis services. For psychotherapy provided to patients who are not in a crisis situation, see 90832-90838. For family psychotherapy, see 90846-90847. For multiple family or group psychotherapy, see 90849 or 90853, respectively. Do not report these codes on the same date of service with 0820T-0822T for continuous in-person monitoring and intervention during psychedelic medication therapy

#### **Documentation Tips**

Documentation should indicate that psychotherapy was provided for an urgent assessment and history of a crisis state, including mental status examination, disposition, and that the patient presented in a high level of distress with a complex or life-threatening problem that required immediate attention.

Since the psychotherapy codes include time as a component of the code, the total time or the start and stop times of the psychotherapy should be noted in the medical record. Time does not have to be continuous; however, it does have to be face to face with the patient, without distraction, and without providing services to another patient during the same time period. When time is not continuous, the stop and start times for each session should be documented.

The site of service should be documented to reflect the place of service as a non-facility.

Each psychotherapy note should include the description of at least one of the techniques used to treat the patient's condition. The CPT book describes the techniques specific to psychotherapy as either insight oriented, behavior modifying, and/or supportive techniques. Providers should also include how

the patient benefited by the therapy in reaching his or her goals. For example, a note might state, "Supportive psychotherapy was utilized to help alleviate the patient's depression." The major theme of the discussion should also be recorded with consideration to the patient's privacy.

Documentation should specify whether this is a single episode or recurrent, the current degree of depression, the presence of psychotic features or symptoms, and remission status (i.e., partial, full) when applicable.

Documentation should clearly state the reasons requiring interactive complexity when separately reported.

#### **Reimbursement Tips**

It is important to note that most payers do not cover psychotherapy services that are palliative or provided only to maintain functioning level.

These procedures may be performed by a physician or other qualified health care professional. Check with the specific payer to determine coverage. Site of service does affect code assignment. Assignment of benefits is required when this service is provided by a clinical social worker. Medicare payment is at 150 percent of the physician fee schedule for services furnished in non-facility sites.

#### ICD-10-CM Diagnostic Codes

The application of this code is too broad to adequately present ICD-10-CM diagnostic code links here. Refer to your ICD-10-CM book.

#### **Relative Value Units/Medicare Edits**

Non-Facility RVU	Work	PE	MP	Total
G0017				
G0018				
Facility RVU	Work	PE	MP	Total
G0017				
G0018				

		FUD	Status	MUE	Modifiers			IOM Reference	
) .	G0017	N/A		-	N/A	N/A	N/A	N/A	None
	G0018	N/A		-	N/A	N/A	N/A	N/A	

<sup>\*</sup> with documentation

# **Correct Coding Initiative Update 29.3**

Indicates Mutually Exclusive Edit **0362T** 0403T, 0488T, 36591-36592, 96105-96110, 96125-96127, 96160-96161, 96523, 97152 **0373T** 0403T, 0488T, 36591-36592, 96105-96110, 96116, 96125-96127, 96523 **0591T** 0362T, 0373T, 0403T, 0469T, 0488T, 36591-36592, 90839, 90845, 92002-92014, 93000-93010, 93040-93042, 93792, 93793, 94002-94004, 94660-94662, 95851-95852, 96116, 96127, 96158-96159, 96164-96171, 96523, 97151, 97153-97172, 97802-97804, 99091, 99172-99173, 99174, 99177, 99202-99215\*, 99281-99285\*, 99304-99310\*, 99315-99316\*, 99341-99342\*, 99344-99350\*, 99446-99449, 99451-99452, G0250, G0270-G0271, G0380-G0384\*, G0444, G0459, G0463\* **0592T** 0362T, 0373T, 0403T, 0469T, 0488T, 0591T, 36591-36592, 90839, 90845, 92002-92014, 93000-93010, 93040-93042, 93792, 93793, 94002-94004, 94660-94662, 95851-95852, 96116, 96127, 96164-96171, 96523, 97151, 97153-97172, 97802-97804, 99091, 99172-99173, 99174, 99177, 99202-99215\*, 99281-99285\*, 99304-99310\*, 99315-99316\*, 99341-99342\*, 99344-99350\*, 99446-99449, 99451-99452, G0250, G0270-G0271, G0380-G0384\*, G0444, G0459, G0463\* **0593T** 0362T, 0373T, 0403T, 0469T, 0488T, 36591-36592, 90839, 90845, 92002-92014, 93000-93010, 93040-93042, 93792, 93793, 94002-94004, 94660-94662,95851-95852,96116,96127,96156-96159,96167-96171, 96523, 97151, 97153-97172, 97802-97804, 99091, 99172-99173, 99174, 99177, 99202-99215\*, 99281-99285\*, 99304-99310\*, 99315-99316\*, 99341-99342\*, 99344-99350\*, 99446-99449, 99451-99452, G0250, G0270-G0271, G0380-G0384\*, G0444, G0459, G0463\* **0820T** No CCI edits apply to this code. **0821T** No CCI edits apply to this code. **0822T** No CCI edits apply to this code. **80155** 80503-80506, 96523 80156 80503-80506, 96523 **80157** 80503-80506, 96523 **80159** 80503-80506, 96523 **80164** 80503-80506, 96523 **80165** 80503-80506, 96523 80173 80503-80506, 96523 **80178** 80503-80506, 96523 80183 80503-80506, 96523 **80305** 0119U, 0251U, 80503-80506, 81000-81003, 81005, 82542, 82570, 83516-83520, 83789, 83986, 84156, 84311, 96523 **80306** 0119U, 0251U, 80305, 80503-80506, 81000-81003, 81005, 82542. 82570, 83516-83520, 83789, 83986, 84156, 84311, 96523 **80307** 0116U\*, 0119U, 0251U, 80305-80306, 80503-80506, 81000-81003, 81005, 82542, 82570, 83516-83520, 83789, 83986, 84156, 84311, 96523 80320 80503-80506, 96523 **80321** 80503-80506, 96523 **80322** 80503-80506, 96523 **80323** 80503-80506, 96523 **80324** 80503-80506, 96523

**80332** 80503-80506, 96523

**80325** 80503-80506, 96523

**80326** 80503-80506, 96523

90836-90840, 90845-90853, 90863-90870, 90875-90889, 96116, 96127,