

Coding & Payment Guide

# Behavioral Health Services

An essential coding, billing and reimbursement resource for psychiatrists, psychologists, and clinical social workers





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# Getting Started with Coding and Payment Guide

The Coding and Payment Guide for Behavioral Health Services is designed to be a guide to the specialty procedures classified in the CPT<sup>®</sup> book. It is structured to help coders understand procedures and translate physician narrative into correct CPT codes by combining many clinical resources into one, easy-to-use source book.

The book also allows coders to validate the intended code selection by providing an easy-to-understand explanation of the procedure and associated conditions or indications for performing the various procedures. As a result, data quality and reimbursement will be improved by providing code-specific clinical information and helpful tips regarding the coding of procedures.

# **CPT/HCPCS Codes**

For ease of use, evaluation and mangement codes related to behavioral health are listed first in the *Coding and Payment Guide*. All other CPT and HCPCS Level II codes related to behavioral health are listed in ascending numeric order. Each CPT/HCPCS code is followed by its official code description.

### **Resequencing of CPT Codes**

The American Medical Association (AMA) employs a resequenced numbering methodology. According to the AMA, there are instances where a new code is needed within an existing grouping of codes, but an unused code number is not available to keep the range sequential. In the instance where the existing codes were not changed nor had only minimal changes, the AMA has assigned a code out of numeric sequence with the other related codes being grouped together. The resequenced codes and their descriptions have been placed with their related codes, out of numeric sequence. Codes within the Optum *Coding and Payment Guide* series display in their resequenced order. **Resequenced codes are enclosed in brackets [] for easy identification**.

# ICD-10-CM

The most current ICD-10-CM codes are provided, each listed with their full official description. Refer to the ICD-10-CM book for more ICD-10-CM coding information.

# **Detailed Code Information**

One or more columns are dedicated to each procedure or service to a series of similar procedures/services. Following the specific HCPCS Level II and CPT code and its narrative, is a combination of features.

# **Appendix Codes and Descriptions**

Some procedure codes are presented in a less comprehensive format in the appendix. The CPT and HCPCS Level II codes appropriate to the specialty are included in the appendix with the official code description and associated relative value units, with the exception of the Category II and III CPT Codes. Because no values have been established by CMS for the Category II and Category III codes, no relative value unit and Medicare edits can be identified.

# CCI Edits, RVUs, and Other Coding Updates

The Coding and Payment Guide includes the a list of codes from the official Centers for Medicare and Medicaid Services' National Correct Coding Policy Manual for Part B Medicare Contractors that are considered to be an integral part of the comprehensive code or mutually exclusive of it and should not be reported separately. The codes in the Correct Coding Initiative (CCI) section are from version 28.3, the most current version available at press time. CCI edits are updated quarterly and will be posted on the product updates page listed below. The website address is http://www.optumcoding.com/ProductUpdates/. The 2024 edition password is: **XXXXX**. Log in frequently to ensure you receive the most current updates.

# Index

A comprehensive index is provided for easy access to the codes. The index entries have several axes. A code can be looked up by its procedural name or by the diagnoses commonly associated with it. Codes are also indexed anatomically. For example:

Brain

Cortex Magnetic Stimulation, 90867-90869 Mapping, 90867, 96020

# **General Guidelines**

#### **Providers**

The AMA advises coders that while a particular service or procedure may be assigned to a specific section, the service or procedure itself is not limited to use only by that specialty group. Additionally, the procedures and services listed throughout the book are for use by any qualified physician or other qualified health care professional or entity (e.g., hospitals, laboratories, or home health agencies). Keep in mind that there may be other policies or guidance that can affect who may report a specific service.

### Supplies

Some payers may allow physicians to separately report drugs and other supplies when reporting the place of service as office or other nonfacility setting. Drugs and supplies are to be reported by the facility only when performed in a facility setting.

# **Professional and Technical Component**

Some pathology codes have a technical and a professional component. When physicians do not own their own equipment and send their patients to outside testing facilities, they should append modifier 26 to the procedural code to indicate they performed only the professional component.

# **Sample Page and Key**

The following pages provide a sample page from the book displaying the format of *Coding Guide* with each element identified and explained.

# 90785

+ ★90785 Interactive complexity (List separately in addition to the code for primary procedure)

#### **Explanation**

This code is reported in addition to the code for a primary psychiatric service. It is reported when the patient being treated has certain factors that increase the complexity of treatment rendered. These factors are limited to the following: the need to manage disruptive communication that complicates the delivery of treatment; complications involving the implementation of a treatment plan due to caregiver behavioral or emotional interference; evidence of a sentinel event with subsequent disclosure to a third party and discussion and/or reporting to the patient(s); or use of play equipment or translator to enable communication when a barrier exists.

### **Coding Tips**

Report this code with psychiatric evaluation services (90791–90792), psychotherapy services (90832-90834, 90836-90838), and group psychotherapy (90853). Do not report this code with psychotherapy for crisis (90839–90840), psychological and neuropsychological testing (96130-96134, 96136-96139, 96146), or adaptive behavior assessment/treatment services (97151–97158, 0362T, 0373T). Do not report this code with E/M services provided without psychotherapy.

### **Documentation Tips**

Documentation should clearly indicate the type of interactive methods used such as interpreter, use of play, or physical device used, and that the patient did not have the ability to communicate through normal verbal means. Other catatonic states may be covered if documentation is submitted with the claim. Coverage also includes interactive examinations of patients with primary psychiatric diagnoses (excluding dementias and sleep disorders), and one of the following conditions: developmental speech or language disorders, conductive hearing loss (total), mixed conductive and sensorineural hearing loss (total), deaf mutism, aphasia, voice disturbance, aphonia, and other speech disturbance such as dysarthria or dysphasia. The conditions must be clearly and concisely recorded in the medical record.

Time spent by the clinician providing interactive complexity services should be reflected in the timed service code for the psychotherapy or the psychotherapy add-on code provided in combination with an E/M service and must only be connected to the psychotherapy service.

#### **Reimbursement Tips**



According to instructions found in the Correct Coding Initiative, "Interactive services (diagnostic or therapeutic) are distinct services for patients who have lost, or have not yet developed either the expressive language communication skills to explain his/her symptoms and response to treatment..." Interactive complexity to psychiatric services is reported with add-on CPT code 90785.

Assignment of benefits is required when this service is provided by a clinical social worker.

Medicare payment is at 75 percent of the physician fee schedule when the service is provided by a clinical social worker.

6

#### ICD-10-CM Diagnostic Codes

This/these CPT code(s) are add-on code(s). See the primary procedure code that this code is performed with for your ICD-10-CM code selections.

### **Associated HCPCS Codes**

H0001 Alcohol and/or drug assessment

- H0002 Behavioral health screening to determine eligibility for admission to treatment program
- H0006 Alcohol and/or drug services; case management
- H0007 Alcohol and/or drug services; crisis intervention (outpatient)
- H0031 Mental health assessment, by nonphysician
- H1011 Family assessment by licensed behavioral health professional for state defined purposes

AMA: 90785 2020, Aug, 3; 2018, Nov, 3; 2018, Jul, 12; 2018, Jan, 8; 2018, Apr, 9; 2017, Jan, 8; 2016, Jan, 13; 2016, Dec, 11; 2015, Jan, 16

| Relative Value Units/Medicare Edits |           |            |                            |   |  |  |  |
|-------------------------------------|-----------|------------|----------------------------|---|--|--|--|
| Non-Facility RVU                    | Work      | PE         | MP                         | Total   |  |  |  |
| 90785                               | 0.33      | 0.09       | 0.01                       | 0.43  |  |  |  |
| Facility RVU                        | Work      | PE         | МР                         | Total   |  |  |  |
| 90785                               | 0.33      | 0.04       | 0.01                       | 0.38  |  |  |  |
| FUD Sta                             | atus MUE  | Modifiers  | IOM                        | Reference   |  |  |  |
| 90785 N/A                           | A 3(3) N/ | /A N/A N/A | 100-<br>100<br>100<br>100- | 02,15,160;<br>02,15,170;<br>)-03,10.3;<br>)-03,10.4;<br>04,12,100;<br>)4.12,210.1 |  |  |  |

\* with documentation

#### Terms To Know

add-on code. CPT code representing a procedure performed in addition to the primary procedure and designated with a + symbol in the CPT book. Add-on codes are never reported as a stand-alone service but are reported secondarily in addition to the primary procedure.

aphasia. Partial or total loss of the ability to comprehend language or communicate through speaking, the written word, or sign language. Aphasia may result from stroke, injury, Alzheimer's disease, or other disorder. Common types of aphasia include expressive, receptive, anomic, global, and conduction.

dysarthria. Difficulty pronouncing words.

interactive psychotherapy. Use of physical aids and nonverbal communication to overcome barriers to therapeutic interaction between a clinician and a patient who has not yet developed or has lost either the expressive language communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the clinician if he or she were to use ordinary adult

language for communication. psychotherapy. Treatment for mental illness and behavioral disturbances in which the clinician establishes a professional contract with the patient and, through definitive

therapeutic communication, attempts to alleviate the emotional disturbances, reverse or change maladaptive patterns of behavior, and encourage personality growth and development.





# **1. CPT Codes and Descriptions**

This edition of *Coding and Payment Guide for Behavioral Health Services* is updated with CPT codes for year 2023.

The following icons are used in the Coding and Payment Guide:

- This CPT code is new for 2023.
- ▲ This CPT code description is revised for 2023.
- + This CPT code is an add-on code.

Add-on codes are not subject to bilateral or multiple procedure rules, reimbursement reduction, or appending modifier 50 or 51. Add-on codes describe additional intraservice work associated with the primary procedure performed by the same physician on the same date of service and are not reported as stand-alone procedures. Add-on codes for procedures performed on bilateral structures are reported by listing the add-on code twice.

★ This CPT code is identified by CPT as appropriate for audio-visual telemedicine services.

Documentation should include the type of technology used for the treatment in addition to the patient evaluation, treatment, and consents.

According to CPT guidelines, the codes listed below may be used for reporting audio-only telemedicine services when modifier 93 Synchronous Telemedicine Service Rendered Via Telephone or Other Real-Time Interactive Audio-Only Telecommunications System, is appended. These procedures involve electronic communication using interactive telecommunications equipment that at a minimum includes audio.

| 90785<br>90837<br>92507<br>96110 | 90791<br>90838<br>92508<br>96116 | 90792<br>90839<br>92521<br>96160 | 90832<br>90840<br>92522<br>96161 | 90833<br>90845<br>92523<br>97802 | 90834<br>90846<br>92524<br>97803 | 90836<br>90847<br>96040<br>97804 |
|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| 96110                            | 96116                            | 96160                            | 96161                            | 97802                            | 97803                            | 97804                            |
| 99406                            | 99407                            | 99408                            | 99409                            | 99497                            | 99498                            |                                  |

[] CPT codes enclosed in brackets are resequenced and may not appear in numerical order.

### 2. Explanation

Every CPT/HCPCS code or series of similar codes is presented with its official CPT/HCPCS code description. However, sometimes these descriptions do not provide the coder with sufficient information to make a proper code selection. In *Coding and Payment Guide for Behavioral Health Services*, a step-by-step clinical description of the procedure is provided, in simple terms. Technical language that might be used by the physician or other qualified health care provider is included and defined. *Coding and Payment Guide for Behavioral Health Services* describes the most common method of performing each procedure.

### 3. Coding Tips

Coding tips provide information on how the code should be used, provides related procedure codes, and offers help concerning common billing errors and modifier usage. This information comes from consultants and subject matter experts at Optum and from the coding guidelines provided in the CPT book.

#### 4. Documentation Tips

Documentation tips provide code-specific tips to the coder regarding the information that should be noted in the documentation in order to support code assignment.

#### 5. Reimbursement Tips

Medicare and other payer guidelines that could affect the reimbursement of this service or procedure are included in the Reimbursement Tips section.

# 6. ICD-10-CM Diagnostic Codes

ICD-10-CM diagnostic codes listed are common diagnoses or reasons the procedure may be necessary. This list in most cases is inclusive to the specialty. Some ICD-10-CM codes are further identified with the following icons:

- Newborn: 0
- Pediatric: 0-17
- Maternity: 9-64
- Adult: 15-124
- o Male only
- Female Only
- ✓ Laterality

Please note that in some instances the ICD-10-CM codes for only one side of the body (right) have been listed with the CPT code. The associated ICD-10-CM codes for the other side and/or bilateral may also be appropriate. Codes that refer to the right or left are identified with the ☑ icon to alert the user to check for laterality. In some cases, not every possible code is listed and the ICD-10-CM book should be referenced for other valid codes.

#### 7. HCPCS Associated Codes

Medicare and some other payers require the use of HCPCS Level II codes and not CPT codes when reporting certain services. The HCPCS codes and their description are displayed in this field. If there is not a HCPCS code for this service, this field will not be displayed.

#### 8. AMA References

The AMA references for CPT Assistant are listed by CPT code, with the most recent reference listed first. Generally only the last six years of references are listed.

#### 9. Relative Value Units/Medicare Edits

The 2023 Medicare edits were not available at the time this book went to press. Updated 2023 values will be posted at https://www.optumcoding.com/ProductUpdates/. The 2023 edition password is **23SPECIALTY**.

#### **Relative Value Units**

In a resource based relative value scale (RBRVS), services are ranked based on the relative costs of the resources required to provide those services as opposed to the average fee for the service, or average prevailing Medicare charge. The Medicare RBRVS defines three distinct components affecting the value of each service or procedure:

- Physician work component, reflecting the physician's time and skill
- Practice expense (PE) component, reflecting the physician's rent, staff, supplies, equipment, and other overhead
- Malpractice insurance (MP) component, reflecting the relative risk or liability associated with the service
- Total RVUs are a sum of the work, PE, and MP RVUs

There are two groups of RVUs listed for each CPT code. The first group of RVUs is for nonfacilities, which includes provider services performed in physician offices, patients' homes, or other nonhospital settings. The second group of RVUs is for facilities, which represents provider services performed in hospitals, ambulatory surgical centers, or skilled nursing facilities.

#### Medicare Follow-Up Days (FUD)

Information on the Medicare global period is provided here. The global period is the time following a surgery during which routine care by the physician is considered postoperative and included in the surgical fee. Office visits or other routine care related to the original surgery cannot be separately reported if they occur during the global period.

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# **Procedure Codes**

The Current Procedural Terminology (CPT®) coding system was developed and is updated annually by the American Medical Association (AMA). The AMA owns and maintains the CPT coding system and publishes its updates annually under copyright. CPT codes predominantly describe medical services and procedures performed by physicians and nonphysician professionals. The codes are classified as Level I of the Healthcare Common Procedure Coding System (HCPCS).

In general, whenever possible, providers should consider using CPT codes to describe their services for several reasons. Foremost, providers can evaluate patient care by reviewing coded services and procedures. Secondly, procedural coding is a language understood in the provider and payer communities. Consequently, accurate coding can also help an insurer determine coverage eligibility for services provided.

Accurate coding consists of choosing the most appropriate code available for the service provided to the patient. However, the existence of a CPT or HCPCS code does not guarantee that a third-party payer will accept the code or that the service described by the code is covered.

Investigate codes that are denied or downcoded on a claim by the third-party payer, and resubmit with the correct codes if necessary.

# **Structure of the CPT Book**

The CPT book has an introduction, eight main sections, 16 appendixes, and an index.

### **Category I Codes**

The sections considered Category I are:

- Evaluation and Management
- Anesthesia
- Surgery
- Radiology
- Pathology and Laboratory
- Medicine

### **Category II Codes**

Category II CPT codes are a set of codes used for supplemental tracking and performance measurements. Primarily these codes are used to report quality measures when participating in Medicare's Quality Payment Program (QPP). For more information about QPP, see the CMS website at https://qpp.cms.gov.

### **Category III Codes**

Category III codes, which are considered temporary, have been added for reporting the use of new technologies that are not available to report in the existing Category I CPT code set.

# **CPT Coding Conventions**

To code properly, coders must understand and follow the CPT conventions developed by the AMA.

### **Symbols**

The following are several symbols used in the CPT book:

- A bullet (•) before the code means that the code is new to the CPT coding system in the current year.
- A triangle (▲) before the code means that the code narrative has been revised in the current year.

- Codes with a plus (+) symbol indicate an "add-on" code.
  Procedures described by add-on codes are always performed in addition to the primary procedure and should never be reported alone. This concept applies only to procedures or services performed by the same physician to describe any additional intraservice work, such as a procedure on additional digits or lesions, associated with the primary procedure.
- The symbols ► ◀ indicate new or revised text other than that contained in the code descriptors.
- The symbol O designates a code that is exempt from the use of modifier 51. These codes have not been designated as add-on codes in the CPT book.
- The lightning bolt (*N*) symbol identifies vaccines that are pending FDA approval. These codes were assigned a CPT Category I code by the AMA in anticipation of future approval. Upon revision of the approval status by the FDA, the AMA will post notification on its website at http://www.ama-assn.org/ ama/pub/physician-resources/solutions-managing-yourpractice/coding-billing-insurance/cpt/about-cpt/category-ivaccine-codes.page.
- The number (#) symbol indicates that a code is out of numeric order or "resequenced." The AMA employs a numbering methodology of resequencing. According to the AMA there are instances where a new code is needed within an existing grouping of codes and an unused code number is not available. In the instance where the existing codes will not be changed or have minimal changes, the AMA will assign a code that is not in numeric sequence with the related codes. However, the code and description will appear in the CPT book with the other related codes.
- Telehealth/Telemedicine services are identified by CPT with the ★ icon at the code level. The Centers for Medicare and Medicaid Services (CMS) have identified additional services that may be performed via telehealth. Due to the COVID-19 public health emergency (PHE) some services have been designated as temporarily appropriate for telehealth. These CMS-approved services are identified in the coding tips where appropriate. Most payers require telehealth/telemedicine to be reported with place of service 02 Telehealth Provided Other than the Patient's Home or 10 Telehealth Provided in Patient's Home, and modifier 95 appended. If specialized equipment is used at the originating site, code Q3014 may be reported. Individual payers should be contacted for additional or different guidelines regarding telehealth/telemedicine services.

Documentation should include the type of technology used for the treatment in addition to the patient evaluation, treatment, and consents.

#### Modifier

95 Synchronous Telemedicine Service Rendered Via a Real-Time Interactive Audio and Video Telecommunications System

# **Unlisted Procedures and Modifiers**

#### **Unlisted Procedures**

Not all medical services or procedures are assigned CPT codes. The code book does not contain codes for infrequently used, new, or experimental procedures. Each code section contains codes set aside specifically for reporting unlisted procedures.

# Evaluation and Management (E/M) Services Guidelines

### **E/M Guidelines Overview**

► The E/M guidelines have sections that are common to all E/M categories and sections that are category specific. Most of the categories and many of the subcategories of service have special guidelines or instructions unique to that category or subcategory. Where these are indicated, eg, "Hospital Inpatient and Observation Care," special instructions are presented before the listing of the specific E/M services codes. It is important to review the instructions for each category or subcategory. These guidelines are to be used by the reporting physician or other qualified health care professional to select the appropriate level of service. These guidelines do not establish documentation requirements or standards of care. The main purpose of documentation is to support care of the patient by current and future health care team(s). These guidelines are for services that require a face-to-face encounter with the patient and/or family/caregiver. (For 99211 and 99281, the face-to-face services may be performed by clinical staff.)

In the **Evaluation and Management** section (99202-99499), there are many code categories. Each category may have specific guidelines, or the codes may include specific details. These E/M guidelines are written for the following categories:

- Office or Other Outpatient Services
- Hospital Inpatient and Observation Care Services
- Consultations
- Emergency Department Services
- Nursing Facility Services
- Home or Residence Services
- Prolonged Service With or Without Direct Patient Contact on the Date of an Evaluation and Management Service

#### Classification of Evaluation and Management (E/M) Services

► The E/M section is divided into broad categories, such as office visits, hospital inpatient or observation care visits, and consultations. Most of the categories are further divided into two or more subcategories of E/M services. For example, there are two subcategories of office visits (new patient and established patient) and there are two subcategories of hospital inpatient and observation care visits (initial and subsequent). The subcategories of E/M services that are identified by specific codes.

The basic format of codes with levels of E/M services based on medical decision making (MDM) or time is the same. First, a unique code number is listed. Second, the place and/or type of service is specified (eg, office or other outpatient visit). Third, the content of the service is defined. Fourth, time is specified. (A detailed discussion of time is provided in the Guidelines for Selecting Level of Service Based on Time.)

The place of service and service type are defined by the location where the face-to-face encounter with the patient and/or family/caregiver occurs. For example, service provided to a nursing facility resident brought to the office is reported with an office or other outpatient code. ◄

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#### New and Established Patients

►Solely for the purposes of distinguishing between new and established patients, **professional services** are those face-to-face services rendered by physicians and other qualified health care professionals who may report evaluation and management services. A new patient is one who has not received any professional services from the physician or other qualified health care professional or another physician or other qualified health care professional of the **exact** same specialty **and subspecialty** who belongs to the same group practice, within the past three years.

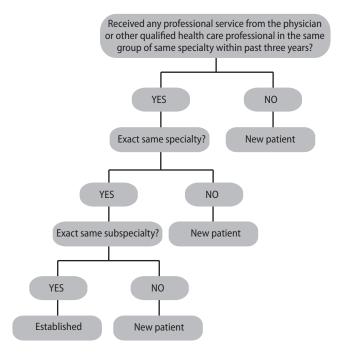
An established patient is one who has received professional services from the physician or other qualified health care professional or another physician or other qualified health care professional of the **exact** same specialty **and subspecialty** who belongs to the same group practice, within the past three years. See Decision Tree for New vs Established Patients.

In the instance where a physician or other qualified health care professional is on call for or covering for another physician or other qualified health care professional, the patient's encounter will be classified as it would have been by the physician or other qualified health care professional who is not available. When advanced practice nurses and physician assistants are working with physicians, they are considered as working in the **exact** same specialty **and subspecialty** as the physician.

No distinction is made between new and established patients in the emergency department. E/M services in the emergency department category may be reported for any new or established patient who presents for treatment in the emergency department.

The Decision Tree for New vs Established Patients is provided to aid in determining whether to report the E/M service provided as a new or an established patient encounter.

### Decision Tree for New vs Established Patients



# 99202-99205

- ★99202 Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and straightforward medical decision making. When using time for code selection, 15-29 minutes of total time is spent on the date of the encounter.
- ★99203 Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and low level of medical decision making. When using time for code selection, 30-44 minutes of total time is spent on the date of the encounter.
- ★99204 Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and moderate level of medical decision making. When using time for code selection, 45-59 minutes of total time is spent on the date of the encounter.
- ★99205 Office or other outpatient visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and high level of medical decision making. When using time for code selection, 60-74 minutes of total time is spent on the date of the encounter.

### **Explanation**

Providers report these codes for new patients being seen in the doctor's office, a multispecialty group clinic, or other outpatient environment. All require a medically appropriate history and/or examination. Code selection is based on the level of medical decision making (MDM) or total time personally spent by the physician and/or other qualified health care professional(s) on the date of the encounter. Factors to be considered in MDM include the number and complexity of problems addressed during the encounter, amount and complexity of data requiring review and analysis, and the risk of complications and/or morbidity or mortality associated with patient management. The most basic service is represented by 99202, which entails straightforward MDM. If time is used for code selection, 15 to 29 minutes of total time is spent on the day of encounter. Report 99203 for a visit requiring a low level of MDM or 30 to 44 minutes of total time; 99204 for a visit requiring a moderate level of MDM or 45 to 59 minutes of total time; and 99205 for a visit requiring a high level of MDM or 60 to 74 minutes of total time.

# **Coding Tips**

These codes are used to report office or other outpatient services for a new patient. A medically appropriate history and physical examination, as determined by the treating provider, should be documented. The level of history and physical examination are not considered when determining the level of service. Codes should be selected based upon the current CPT Medical Decision Making table. Alternately, time alone may be used to select the appropriate level of service. Total time for reporting these services includes face-to-face and non-face-to-face time personally spent by the physician or other qualified health care professional on the date of the encounter. For office or other outpatient services for an established patient, see 99211-99215. For patients admitted and discharged from inpatient or observation care on the same date, see 99234-99236. For prolonged services with 99205, see 99417; for Medicare, see G2212. Medicare has identified these codes as telehealth/telemedicine services. Commercial payers should be contacted regarding their coverage guidelines. Telemedicine services may be reported by the performing provider by adding modifier 95 to these procedure codes

and using the appropriate place of service. Services at the origination site are reported with HCPCS Level II code Q3014.

# ICD-10-CM Diagnostic Codes

The application of this code is too broad to adequately present ICD-10-CM diagnostic code links here. Refer to your ICD-10-CM book.

AMA: 99202 2022,Nov; 2022,Oct; 2022,Sep; 2022,Aug; 2022,Jul; 2022,Jun; 2022, Apr; 2022, Feb; 2022, Jan; 2021, Nov; 2021, Oct; 2021, Sep; 2021, Aug; 2021, Jul; 2021, Jun; 2021, May; 2021, Apr; 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct; 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018, Oct; 2018,Sep; 2018,Apr; 2018,Mar; 2017,Aug; 2017,Jun; 2016,Dec; 2016,Mar; 2016, Jan 99203 2022, Nov; 2022, Oct; 2022, Sep; 2022, Aug; 2022, Jul; 2022, Jun; 2022, Apr; 2022, Feb; 2022, Jan; 2021, Nov; 2021, Oct; 2021, Sep; 2021, Aug; 2021, Jul; 2021, Jun; 2021, May; 2021, Apr; 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct, 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018, Oct; 2018,Sep; 2018,Apr; 2018,Mar; 2017,Aug; 2017,Jun; 2016,Dec; 2016,Mar; 2016, Jan 99204 2022, Nov; 2022, Oct; 2022, Sep; 2022, Aug; 2022, Jul; 2022, Jun; 2022, Apr; 2022, Feb; 2022, Jan; 2021, Nov; 2021, Oct; 2021, Sep; 2021, Aug; 2021, Jul; 2021, Jun; 2021, May; 2021, Apr; 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct; 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018, Oct; 2018, Sep; 2018, Apr; 2018, Mar; 2017, Aug; 2017, Jun; 2016, Dec; 2016, Mar; 2016, Jan 99205 2022, Nov: 2022, Oct; 2022, Sep; 2022, Aug; 2022, Jul; 2022, Jun; 2022, Apr; 2022, Feb; 2022, Jan; 2021, Nov; 2021, Oct; 2021, Sep; 2021, Aug; 2021, Jul; 2021, Jun; 2021, May; 2021, Apr; 2021, Mar; 2021, Feb; 2021, Jan; 2020, Dec; 2020, Nov; 2020, Oct; 2020, Sep; 2020, Jun; 2020, May; 2020, Mar; 2020, Feb; 2020, Jan; 2019, Oct; 2019, Jul; 2019, Jun; 2019, Feb; 2019, Jan; 2018, Oct; 2018, Sep; 2018, Apr; 2018, Mar; 2017, Aug; 2017, Jun; 2016, Dec; 2016, Mar; 2016,Jan

# **Relative Value Units/Medicare Edits**

| Non-Faci | ility R\     | /U     | Work |     | PE   |        |      | MP   | Total     |
|----------|--------------|--------|------|-----|------|--------|------|------|-----------|
| 99202    |              |        | 0.93 |     | 1.12 |        | 0.09 |      | 2.14      |
| 99203    |              |        | 1.6  |     | 1.5  | 2      | (    | ).17 | 3.29      |
| 99204    |              |        | 2.6  |     | 2.06 |        | 0.24 |      | 4.9       |
| 99205    |              |        | 3.5  |     | 2.6  | б      | 0    | ).32 | 6.48      |
| Facilit  | Facility RVU |        |      |     | PE   |        |      | MP   | Total     |
| 99202    |              |        | 0.93 | Ì   | 0.41 |        | 0.09 |      | 1.43      |
| 99203    |              |        | 1.6  |     | 0.67 |        | 0.17 |      | 2.44      |
| 99204    |              |        | 2.6  |     | 1.11 |        | (    | ).24 | 3.95      |
| 99205    |              |        | 3.5  |     | 1.54 |        | 0.32 |      | 5.36      |
|          | FUD          | Status | MUE  |     | Mod  | ifiers |      | IOM  | Reference |
| 99202    | N/A          | А      | 1(2) | N/A | N/A  | N/A    | 80*  | None |           |
| 99203    | N/A          | А      | 1(2) | N/A | N/A  | N/A    | 80*  |      |           |
| 99204    | N/A          | А      | 1(2) | N/A | N/A  | N/A    | 80*  |      |           |

1(2) N/A N/A N/A 80\*

\* with documentation

А

99205 N/A

# [99421, 99422, 99423]

- 99421 Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes
- 11-20 minutes 99422
- 99423 21 or more minutes

#### **Explanation**

Online medical evaluation services are non-face-to-face encounters originating from the established patient to the physician or other gualified health care professional for evaluation or management of a problem utilizing internet resources. The service includes all communication, prescription, and laboratory orders with permanent storage in the patient's medical record. The service may include more than one provider responding to the same patient and is only reportable once during seven days for the same encounter. Do not report these codes if the online patient request is related to an E/M service that occurred within the previous seven days or within the global period following a procedure. Report 99421 if the cumulative time during the seven-day period is five to 10 minutes; 99422 for 11 to 20 minutes; and 99423 for 21 or more minutes.

### **Coding Tips**

These codes are used to report non-face-to-face patient services initiated by an established patient via an on-line inquiry. Providers must provide a timely response to the inquiry and the encounter must be stored permanently to report these services. These services are reported once in a seven-day period and are reported for the cumulative time devoted to the service over the seven days. Cumulative time of less than five minutes should not be reported. A new/unrelated problem initiated within seven days of a previous E/M visit that addresses a different problem may be reported separately. Medicare and other payers may not reimburse separately for these services. Check with the specific payer to determine coverage. For nonphysician on-line medical services, see 98970, 98971, and 98972. Do not report these services when performed concurrently with other billable services, such as 99202-99205, 99212-99215, 99242-99245, or when using the following for the same communication: 99091, 99374-99380, 99424-99427, 99437, 99487-99489, 99491, and 99495-99496. Do not report these services for INR monitoring when reporting 93792 or 93793. Medicare has provisionally identified these codes as telehealth/telemedicine services that may also be audio only services. Current Medicare coverage guidelines should be reviewed. Commercial payers should be contacted regarding their coverage guidelines.

### ICD-10-CM Diagnostic Codes

The application of this code is too broad to adequately present ICD-10-CM diagnostic code links here. Refer to your ICD-10-CM book.

AMA: 99421 2022, Nov; 2022, Jul; 2022, Jan; 2021, Sep; 2021, Jan; 2020, Mar; 2020, Jan 99422 2022, Nov; 2022, Jul; 2022, Jan; 2021, Sep; 2021, Jan; 2020, Mar; 2020, Jan 99423 2022, Nov; 2022, Jul; 2022, Jan; 2021, Sep; 2021, Jan; 2020, Mar; 2020,Jan

# **Relative Value Units/Medicare Edits**

| Non-Faci | lity R\      | /U     | Work |     | PE          |     |      | MP   | Total     |
|----------|--------------|--------|------|-----|-------------|-----|------|------|-----------|
| 99421    |              |        | 0.25 |     | 0.17        |     |      | ).02 | 0.44      |
| 99422    |              |        | 0.5  |     | 0.32        |     | 0.04 |      | 0.86      |
| 99423    |              |        | 0.8  |     | 0.53        |     | 0.07 |      | 1.4       |
| Facilit  | Facility RVU |        |      |     | PE          |     |      | MP   | Total     |
| 99421    |              |        | 0.25 |     | 0.11        |     | 0.02 |      | 0.38      |
| 99422    |              |        | 0.5  |     | 0.21        |     | (    | ).04 | 0.75      |
| 99423    |              |        | 0.8  |     | 0.34        |     | 0.07 |      | 1.21      |
|          | FUD          | Status | MUE  |     | Modifiers   |     |      | IOM  | Reference |
| 99421    | N/A          | Α      | 1(2) | N/A | N/A N/A N/A |     |      | None |           |
| 99422    | N/A          | A      | 1(2) | N/A | N/A         | N/A | 80*  |      |           |
| 99423    | N/A          | A      | 1(2) | N/A | N/A         | N/A | 80*  |      |           |

\* with documentation

#### **Terms To Know**

established patient. Patient who has received professional services in a face-to-face setting within the last three years from the same physician/gualified health care professional or another physician/qualified health care professional of the exact same specialty and subspecialty who belongs to the same group practice. If the patient is een by a physician/qualified health care professional who is covering for another physician/qualified health care professional, the patient will be considered the same as if seen by the physician/qualified health care professional who is unavailable. other qualified health care professional. Individual who is qualified by education, training, licensure/regulation, and facility privileging to perform a professional service within his or her scope of practice and independently (or as incident-to) report the professional service without requiring physician supervision. Payers may state exemptions in writing or state and local regulations may not follow this definition for performance of some services. Always refer to any relevant plan policies and federal and/or state laws to determine who may perform and report services.

# 90832-90838

- ★90832 Psychotherapy, 30 minutes with patient
- + ★90833 Psychotherapy, 30 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)
  - ★90834 Psychotherapy, 45 minutes with patient
- + ★90836 Psychotherapy, 45 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)
  - ★90837 Psychotherapy, 60 minutes with patient
- + ★90838 Psychotherapy, 60 minutes with patient when performed with an evaluation and management service (List separately in addition to the code for primary procedure)

### **Explanation**

Psychotherapy is a variety of treatment techniques in which a physician or other qualified healthcare provider helps a patient with a mental illness or behavioral disturbance identify and alleviate any emotional disruptions, maladaptive behavioral patterns, and contributing/exacerbating factors. This treatment also involves encouraging personality growth and development through coping techniques and problem-solving skills. Report 90832 for one half hour of face-to-face time spent with the patient without an additional evaluation and management (E/M) service. Report 90833, 90836, or 90838 if a separate E/M service is performed during the same encounter as the psychotherapy.

# **Coding Tips**

These codes represent individual psychotherapy services although times stated are for face-to-face services with the patient but may also include contact with informants. The patient must be present for the entire, or a majority period of, the encounter.

The appropriate evaluation and management (E/M) service (99202–99255, 99304–99316, and 99341–99350) should be reported in addition to code 90833, 90836, or 90838. However, the time involved with performing the E/M service should not be considered when selecting the psychotherapy code. Time spent providing psychotherapy cannot be used to determine the level of E/M service when time is the determining factor.

Codes 90832 and 90833 describe 30 minutes of psychotherapy; 38 to 52 minutes, report 90834 or 90836; for 53 or more minutes, report 90837–90838. Do not report prolonged services (99354–99357) with 90833. Individual psychotherapy and group psychotherapy may be reported on the same date of service if the two services are performed during separate time intervals. Family psychotherapy (90846, 90847) is separately reportable with psychotherapy (90832–90838) when the services are separate and distinct.

For psychotherapy provided for an urgent assessment and history of a crisis state, including mental status examination and disposition, see 90839–90840. For family psychotherapy, see 90846–90847. For multiple family or group psychotherapy, see 90849 or 90853, respectively.

When it is necessary to perform interactive complexity, 90785 may be reported separately.

Pharmacologic management is included in psychotherapy services that are reported with E/M services or those that include medical services. However, when performed during the same encounter and an evaluation and management service was not provided, management of the patient's medication(s), including review and provision of prescription is reported separately with 90863.

# **Documentation Tips**

Since the psychotherapy codes include time as a component of the code, the total time or the start and stop times of the psychotherapy should be noted in the medical record.

Each psychotherapy note should include the description of at least one of the techniques used to treat the patient's condition. The CPT book describes the techniques specific to psychotherapy as either insight oriented, behavior modifying, and/or supportive techniques. Providers should also include how the patient benefited by the therapy in reaching his or her goals. For example, a note might state, "Supportive psychotherapy was utilized to help alleviate the patient's depression." The major theme of the discussion should also be recorded with consideration to the patient's privacy.

Documentation should specify whether this is a single episode or recurrent, the current degree of depression, the presence of psychotic features or symptoms, and remission status (i.e., partial, full) when applicable.

Documentation should clearly state the reasons requiring interactive complexity when separately reported.

# **Reimbursement Tips**

Medicare has identified these codes as telehealth/telemedicine services that may also be audio-only services. Commercial payers should be contacted regarding their coverage guidelines. Telemedicine services may be reported by the performing provider by adding modifier 93 or 95 to these procedure codes and using the appropriate place of service. Services at the origination site are reported with HCPCS Level II code Q3014.

Most payers will not cover psychotherapy services that are palliative or provided only to maintain functioning level.

These procedures may be performed by a physician or other qualified health care professional. Check with the specific payer to determine coverage. Site of service does not affect code assignment. Assignment of benefits is required when these services are provided by a clinical social worker. Medicare payment is at 75 percent of the physician fee schedule when these services are provided by a clinical social worker.

# ICD-10-CM Diagnostic Codes

| F04     | Amnestic disorder due to known physiological condition                                |
|---------|---|
| F05     | Delirium due to known physiological condition   |
| F06.0   | Psychotic disorder with hallucinations due to known physiological condition           |
| F06.2   | Psychotic disorder with delusions due to known physiological condition                |
| F06.31  | Mood disorder due to known physiological condition with depressive features           |
| F06.32  | Mood disorder due to known physiological condition with major depressive-like episode |
| F06.33  | Mood disorder due to known physiological condition with manic features                |
| F06.34  | Mood disorder due to known physiological condition with mixed features                |
| F06.4   | Anxiety disorder due to known physiological condition                                 |
| F06.8   | Other specified mental disorders due to known physiological condition                 |
| F07.0   | Personality change due to known physiological condition                               |
| F10.10  | Alcohol abuse, uncomplicated  |
| F10.11  | Alcohol abuse, in remission   |
| F10.120 | Alcohol abuse with intoxication, uncomplicated  |
| F10.121 | Alcohol abuse with intoxication delirium  |

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# 90863

★90863 Pharmacologic management, including prescription and review of medication, when performed with psychotherapy services (List separately in addition to the code for primary procedure)

#### **Explanation**

The patient's medications are managed during a psychiatric service, including the patient's current use of medicines, a medical review of the benefits and treatment progression, management of side effects, and review or change of prescription. This is a pharmacologically related service and is reported in addition to noncrisis related psychotherapy when there is no other evaluation and management service performed during the encounter.

# **Coding Tips**

This procedure may be performed by a physician or other qualified health care professional.

The appropriate psychotherapy code without evaluation and management (E/M) service (90832, 90834, or 90837) should be reported in addition to 90863. Do not report with an evaluation and management code as the service is included as part of the E/M code. When determining the appropriate psychotherapy code to be reported with this procedure, any time spent providing the medication management should be excluded. For example, if the patient is seen for 45 minutes, and 15 minutes is spent performing medication management, 90832 Psychotherapy, 30 minutes with patient and/or family, and 90863 are reported. Report 95970 and 95976-95977 for electronic analysis of vagal nerve neurostimulators, with programming, when performed.

For pharmacologic management with psychotherapy services performed by a physician or other gualified health care professional who may report E/M services, report 99202-99255, 99281-99385, 99304-99310, or 99341-99350 with 90833, 90836, or 90838.

### **Documentation Tips**

The written plan for care should include treatments and medications—specifying frequency and dosage, any referrals and consultations, patient and family education, and specific instructions for follow-up.

### **Reimbursement Tips**

Telemedicine services may be reported by the performing provider by adding modifier 95 to this procedure code and using the appropriate place of service. Services at the origination site are reported with HCPCS Level II code Q3014.

### ICD-10-CM Diagnostic Codes

This/these CPT code(s) are add-on code(s). See the primary procedure code that this code is performed with for your ICD-10-CM code selections.

### **Associated HCPCS Codes**

H0034 Medication training and support, per 15 minutes

AMA: 90863 2022, Jan; 2020, Aug; 2018, Nov; 2018, Jul

# **Relative Value Units/Medicare Edits**

| Non-Faci             | lity R\ | /U | Work |      |           | PE    |     |     | MP   | Total     |
|----------------------|---------|----|------|------|-----------|-------|-----|-----|------|-----------|
| 90863                |         |    |      | 0.48 |           | 0.2   | 3   | (   | ).04 | 0.75      |
| Facilit              | y RVU   |    | ١    | Work |           | PE MP |     |     | MP   | Total     |
| 90863                |         |    |      | 0.48 |           | 0.19  |     |     | ).04 | 0.71      |
|                      | FUD     | St | atus | MUE  | Modifiers |       |     |     | IOM  | Reference |
| 90863                | N/A     |    | I    | 1(3) | N/A       | N/A   | N/A | N/A |      | None      |
| * with documentation |         |    |      |      |           |       |     |     |      |           |

# **Terms To Know**

medication management. Monitoring and adjusting the use of medications for the treatment of a mental disorder.

medications. Drugs and biologicals that an individual is already taking, that are ordered for the individual during the course of treatment, or that are ordered for an individual after treatment has been provided.

pharmacological agent. Drug used to produce a chemical effect.

psychotherapy. Treatment for mental illness and behavioral disturbances in which the clinician establishes a professional contract with the patient and, through definitive therapeutic communication, attempts to alleviate the emotional disturbances, reverse or change maladaptive patterns of behavior, and encourage personality growth and development.

# 96130-96133

- **96130** Psychological testing evaluation services by physician or other qualified health care professional, including integration of patient data, interpretation of standardized test results and clinical data, clinical decision making, treatment planning and report, and interactive feedback to the patient, family member(s) or caregiver(s), when performed; first hour
- 96131 each additional hour (List separately in addition to code for primary procedure)
  - **96132** Neuropsychological testing evaluation services by physician or other qualified health care professional, including integration of patient data, interpretation of standardized test results and clinical data, clinical decision making, treatment planning and report, and interactive feedback to the patient, family member(s) or caregiver(s), when performed; first hour
- 96133 each additional hour (List separately in addition to code for primary procedure)

### Explanation

The physician or other qualified health care professional evaluates and interprets the results of psychological or neuropsychological testing. Psychological testing in written, oral, computer, or combined formats measures personality, emotions, intellectual functioning, and psychopathology. Report 96130 for the initial hour spent in the evaluation and interpretation of these tests and 96131 for each additional hour. Neuropsychological testing consists of a series of tests in thinking, reasoning, judgment, and memory to evaluate the patient's neurocognitive abilities. Report 96132 for the first hour of evaluation/interpretation and 96133 for each additional hour thereafter. Codes within this range describe the evaluation component, including combining data from different sources, interpreting test results and clinical data, decision-making, and providing a plan of treatment and report, as well as providing interactive feedback with the patient and family members or caregivers. These codes apply to each hour of evaluation and must include face-to-face time with the patient, as well as the time spent integrating and interpreting data; however, the actual test administration and scoring services are not reported by these codes.

# **Coding Tips**

These codes are used to report services provided during testing of the cognitive function of the central nervous system. Report these codes for each hour of testing, which includes integrating patient data, interpretation of test results and clinical data, treatment planning, interactive feedback, and preparation of the report. A written report must be generated. A minimum of 31 minutes must be provided before assigning these codes.

Report psychological or neuropsychological test administration and scoring with 96136–96139 and automated testing and result with 96146. Report 96130–96133 with 96136–96139 on the same or different days.

Report a mini-mental health status with the appropriate level of evaluation and management service.

# **Documentation Tips**

Because these are time-based codes, the medical record documentation should contain the total time spent rendering and interpreting the service, including the stop and start times of testing.

# **Reimbursement Tips**

Medicare has provisionally identified these codes as telehealth/telemedicine services that may also be audio-only services. Current Medicare coverage guidelines should be reviewed. Commercial payers should be contacted regarding their coverage guidelines. Telemedicine services may be reported by the performing provider by adding modifier 93 or 95 to these procedure codes and using the appropriate place of service. Services at the origination site are reported with HCPCS Level II code Q3014.

# ICD-10-CM Diagnostic Codes

| F01.50  | Vascular dementia, unspecified severity, without behavioral disturbance, psychotic disturbance, mood disturbance, and anxiety                                     |
|---------|---|
| F01.511 | Vascular dementia, unspecified severity, with agitation 🖪   |
| F01.52  | Vascular dementia, unspecified severity, with psychotic disturbance   |
| F01.53  | Vascular dementia, unspecified severity, with mood disturbance  |
| F01.54  | Vascular dementia, unspecified severity, with anxiety 🖪   |
| F01.A0  | Vascular dementia, mild, without behavioral disturbance, psychotic disturbance, mood disturbance, and anxiety   |
| F01.A11 | Vascular dementia, mild, with agitation 🖪   |
| F01.A2  | Vascular dementia, mild, with psychotic disturbance 🖪   |
| F01.A3  | Vascular dementia, mild, with mood disturbance 🖪  |
| F01.A4  | Vascular dementia, mild, with anxiety 🖪   |
| F01.B0  | Vascular dementia, moderate, without behavioral disturbance, psychotic disturbance, mood disturbance, and anxiety   |
| F01.B11 | Vascular dementia, moderate, with agitation 🖪   |
| F01.B2  | Vascular dementia, moderate, with psychotic disturbance 🖪   |
| F01.B3  | Vascular dementia, moderate, with mood disturbance 🖪  |
| F01.B4  | Vascular dementia, moderate, with anxiety 🖪   |
| F01.C0  | Vascular dementia, severe, without behavioral disturbance, psychotic disturbance, mood disturbance, and anxiety 🗖   |
| F01.C11 | Vascular dementia, severe, with agitation 🖪   |
| F01.C2  | Vascular dementia, severe, with psychotic disturbance 🖪   |
| F01.C3  | Vascular dementia, severe, with mood disturbance 🖪  |
| F01.C4  | Vascular dementia, severe, with anxiety 🖪   |
| F02.80  | Dementia in other diseases classified elsewhere, unspecified<br>severity, without behavioral disturbance, psychotic disturbance,<br>mood disturbance, and anxiety |
| F04     | Amnestic disorder due to known physiological condition  |
| F05     | Delirium due to known physiological condition   |
| F06.0   | Psychotic disorder with hallucinations due to known physiological condition   |
| F06.1   | Catatonic disorder due to known physiological condition   |
| F06.2   | Psychotic disorder with delusions due to known physiological condition  |
| F06.31  | Mood disorder due to known physiological condition with depressive features   |
| F06.32  | Mood disorder due to known physiological condition with major depressive-like episode   |
| F06.33  | Mood disorder due to known physiological condition with manic features  |
| F06.34  | Mood disorder due to known physiological condition with mixed features  |
| F06.4   | Anxiety disorder due to known physiological condition   |

# G0176

**G0176** Activity therapy, such as music, dance, art or play therapies not for recreation, related to the care and treatment of patient's disabling mental health problems, per session (45 minutes or more)

### **Explanation**

Activity therapy is therapeutic activity such as music, dance, art, or play therapies not for recreation. The activities are related to the care and treatment of a patient's disabling mental health problems and are intended to alter the thought process of a patient in a positive way. Each session should last 45 minutes or more.

# **Coding Tips**

For the use of play equipment, other physical devices, or a translator to communicate with a patient as a means to overcome communication barriers, see 90785.

### **Documentation Tips**

Documentation should clearly indicate the type of interactive methods used, such as the use of play, or physical device used, and that the patient did not have the ability to communicate through normal verbal means. The duration, frequency, goals, and functional outcomes should be recorded.

### **Reimbursement Tips**

This service is for outpatient reporting and is not paid under the Medicare physician fee schedule. Special coverage instructions apply to this service. Check with third-party payers to determine their specific requirements.

### ICD-10-CM Diagnostic Codes

The application of this code is too broad to adequately present ICD-10-CM diagnostic code links here. Refer to your ICD-10-CM book

### **Relative Value Units/Medicare Edits**

| Non-Faci             | /U  | Work   |                  | PE  |               |  | МР            | Total |       |  |
|----------------------|-----|--------|------------------|-----|---------------|--|---------------|-------|-------|--|
| G0176                |     | 0.0    |                  | 0.0 |               |  | 0.0           | 0.0   |       |  |
| Facility RVU         |     | 1      | Work             |     | PE            |  |               | MP    | Total |  |
| G0176                |     |        | 0.0              |     | 0.0           |  |               | 0.0   | 0.0   |  |
|                      | FUD | Status | us MUE Modifiers |     |               |  | IOM Reference |       |       |  |
| G0176                | N/A | Х      | -                | N/A | A N/A N/A N/A |  |               |       | None  |  |
| * with documentation |     |        |                  |     |               |  |               |       |       |  |

# **Terms To Know**

interactive psychotherapy. Use of physical aids and nonverbal communication to overcome barriers to therapeutic interaction between a clinician and a patient who has not yet developed or has lost either the expressive language communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the clinician if he or she were to use ordinary adult language for communication.

# G0177

G0177 Training and educational services related to the care and treatment of patient's disabling mental health problems per session (45 minutes or more)

# **Explanation**

Training and educational services are therapeutic procedures related to the care and treatment of a patient's disabling mental health problems. The goal is to alleviate patient discomfort and allow the patient to cope or control mental health issues. Each session should be 45 minutes or more.

# **Coding Tips**

For training of activities of daily living, see 97535 and 99509. For cognitive skills training, see 97129–97130. For community or work reintegration, see 97537.

# **Documentation Tips**

Documentation should clearly indicate the type of training and educational services provided and it should demonstrate that the services directly relate to the patient's disabling mental health problems. The duration of the training and/or educational services should be recorded including start and stop times with a total period of time of 45 minutes or more involved for these services.

### **Reimbursement Tips**

This service is for both partial hospital and outpatient mental health program reporting and is not paid under the Medicare physician fee schedule. Special coverage instructions apply to this service. Check with third-party payers to determine their specific requirements.

# ICD-10-CM Diagnostic Codes

The application of this code is too broad to adequately present ICD-10-CM diagnostic code links here. Refer to your ICD-10-CM book.

# **Relative Value Units/Medicare Edits**

| Non-Faci             | /U  | Work   |      | PE  |     | l      | MP  | Total |           |  |
|----------------------|-----|--------|------|-----|-----|--------|-----|-------|-----------|--|
| G0177                |     | 0.0    |      | 0.0 | )   | 0.0    |     | 0.0   |           |  |
| Facilit              | ,   | Work   |      | PE  |     |        | MP  | Total |           |  |
| G0177                |     | 0.0    |      | 0.0 | )   | 0.0    |     | 0.0   |           |  |
|                      | FUD | Status | MUE  |     | Mod | ifiers | IOM |       | Reference |  |
| G0177                | N/A | Х      | 0(3) | N/A | N/A | N/A    | N/A | None  |           |  |
| * with documentation |     |        |      |     |     |        |     |       |           |  |

# **Terms To Know**

mental or nervous. Payer term for services rendered to members for emotional problems or chemical dependency.

therapeutic. Act meant to alleviate a medical or mental condition.

# **Correct Coding Initiative Update 28.3**

Indicates Mutually Exclusive Edit

- **0362T** 0403T, 0488T, 36591-36592, 96105-96110, 96125-96127, 96160-96161, 96523, 97152
- **0373T** 0403T, 0488T, 36591-36592, 96105-96110, 96116, 96125-96127, 96523
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