Optum

2023 Coding and Payment Guide for Behavioral Health Services



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The *Coding and Payment Guide for Behavioral Health Services* is your one-stop coding, reimbursement, and documentation resource developed exclusively for behavioral health. This comprehensive and easy-to-use guide is updated for 2023 and organized by specialty-specific CPT® codes. Each CPT® code includes its official description and lay description, coding tip, Medicare edits, and relative value units and is cross-coded to common ICD-10-CM diagnosis codes to complete the coding process. Getting to the code information you need has never been so easy.

Key Features and Benefits

- **NEW Evaluation and Management (E/M) Services Guidelines –** E/M codes are used every day in your practice. Now with CPT® E/M Guidelines and our Optum Coding Tips, you have all the information you need to select the correct E/M code for the service provided.
- **Procedure code icons.** Quickly identify new, revised, add-on, and telemedicine procedure codes, making your coding process for procedures and E/M services quick and efficient.
- ICD-10-CM code icons. Icons identify male and female only codes, as well as age-related and laterality diagnosis codes.
- Easily determine fees for your practice and reinforce consistency in the charges. Relative value units
 including the practice, work, and malpractice components with the total RVUs for non-facility and facility are
 included.
- Quickly find information. All the information you need is provided with the CPT[®] code, including
 illustrations, lay descriptions, coding tips, clinical terms, Medicare RVUs and IOM references, and commonly
 associated ICD-10-CM diagnosis codes.
- **CPT® Assistant references.** Identify that an article or discussion of the CPT® code has been in the American Medical Association's **CPT® Assistant** newsletter. Use the citation to locate the correct volume.
- Avoid claim denials and/or audits. Medicare payer information includes references to Internet Only Manual (IOM) guidelines and follow-up days.
- CCI edits by CPT® and HCPCS procedure code. CPT® and HCPCS procedure codes with their associated CCI edits are provided in a special section. Quarterly updates are available online at Optumcoding.com Product Update / Support page.